



Nevada Psychological Association

NPA News

The Voice of Psychology in Nevada

Upcoming CE Events:

- June 10th, 2016**
Advanced DBT: Treating Emptiness, Anhedonia, Relationship Chaos and Other Sticky Problems
 Alan Fruzzetti, PhD
 Las Vegas 6 CE
- September 17th, 2016**
The APA Saga of Torture Interrogation—Lessons for Psychological Ethics in Institutional Settings
 Jean Maria Arrigo, Ph.D and David DeBatto
 Las Vegas 6 Ethics CE
- October 21st, 2016**
Why People Die by Suicide
 Thomas Joiner, PhD
 Las Vegas 6 CE



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2016 Spring Newsletter

~ ~ ~ ~ ~ A Message from our President ~ ~ ~ ~ ~

Having always viewed the Nevada Psychological Association (NPA) with awe and admiration, it is with great honor that I accept the position as the organization's President. Awe for the industrious and productive efforts of our organization in pursuing our mission statement of advancing and representing psychology as a profession and serving the professional needs of our members and community. Admiration for the relentless efforts of NPA's leaders and volunteers in driving NPA towards success.

How do we define success? Dr. Melanie Crawford, NPA Past-President, and Dr. Susan Ayarbe, NPA Secretary, acquainted us with that process by initiating and implementing our first three-year strategic plan in 2013. The foundation of NPA's strategic plan was our objectives of growing our membership, improving financial stability, maximizing efficiency, and developing effective leaders. Over the past few years, Dr. Whitney Owens, Past-President, and Dr. Robyn Donaldson, current Past-President, in unison with our Executive Board, have worked diligently to creatively implement ways to bring these objectives to fruition.

In order to measure our progress, NPA created an Annual Survey that is distributed to members every year to illicit feedback. The results of our 2016 Annual Survey indicated a Membership Satisfaction rating of 84.4%! Our objective of maximizing operational efficiency has been accomplished via taking advantage of all the new and emerging technology that allows us to better communicate with our members and community, as well as having developed a plan to fund our Political Action Committee (PAC) and creating a way to streamline the execution of continuing education events. NPA has also been energetic in developing effective leaders, as we have implemented a clear process by which our future leaders are selected. We also prepared and executed a proactive legislative agenda that includes revising Nevada's current corporate practice law and supporting PSYPACT, an interstate compact designed to facilitate easier access for the public to mental health services.

While we have excelled in some areas, unfortunately, we have fallen short in others. Although our goal was to increase financial stability via our two main revenue sources (i.e., CE events and membership dues), we saw a drastic reduction (-33.27%) in our finances last year. Not only was our attendance at CE events lower than anticipated, we also observed a 15.6% reduction in our membership, from 231 members in 2013 to 205 current members (2016), which leaves us with a few areas on which to improve in the coming years.

In order to address our areas of weakness and capitalize on our strengths, NPA has created its second three-year strategic plan, with the objectives of increasing financial stability, providing high-quality services to our members, developing and supporting leaders, and advocating for the science and profession of psychology. NPA's Executive Board identified goals of increasing our membership and sponsorship of CE events, while also investigating new pricing models for our organization and members. We also endeavor to increase coordination between our legislative committee, executive board, and membership, while maintaining the motivation of current NPA leaders to continue their relentless efforts in advocating for psychologists in our great state. With the goal of developing effective leaders in mind, I encourage every member to consider participating in NPA's executive or regional boards, or our committees, as doing so will not only increase goal-achievement, but will also inevitably increase the strength of our organization.

Once again, how do we define success? The answer is...YOU! Our members are the epitome of our organization's success. It is my privilege and pleasure to serve you, alongside such talented and passionate professionals, and I am honored to lead NPA through 2016 and into 2017! Thank you for providing me with this exciting opportunity!

~ Bree Mullin, Psy.D., 2016/2017 President

2015-2016: A Year in Review by Robyn Donaldson, Ph.D.

“Life is what happens when you are busy making other plans.” - John Lennon.

This last year marked the end of the initial phase of our Strategic Plan set out by Dr. Melanie Crawford. The ideas generated at the Strategic Planning meeting last year helped us to focus on the strategic objectives to Maximize Organizational Efficiency, Grow Our Membership and Increase Financial Stability. We explored what steps would be necessary to use a Marketing intern to further promote our organization to the public. We examined ways in which we could enhance our utility of technology for the betterment of NPA. For example, we researched ways we might be able to improve the Find a Psychologist function on our website. NPA now has a LinkedIn account to add to our current social media presence. During the year, we investigated whether we could create and host webinars. To help us to continue the work of exploring these options in the future, we officially created a Technology Committee. And, considering that our time and resources were needed on other pertinent needs of the organization this year, we slated the idea of having a gala as a fundraiser.

Our organization experienced some challenges over this past year. Anticipated attendance at a few key CEs did not produce the numbers for which we had hoped. This resulted in not making our fiduciary goal of having a net profit over 10% of what we had budgeted. However, we did end the 2015 year with funds in our account. We also saw a decrease in membership of approximately 40 members. However, for our current and active members, there was 84.4% overall satisfaction in what and how NPA offers services and support to its members. We have been successful in filling key positions in leadership but are always encouraging members to participate and to help make this organization representative of all members. We were also honored by receiving the Outstanding SPTA Award for 2016 at the APA's State Leadership Conference in Washington, D.C. We were recognized for the large number of students and Early Career Psychologists in our membership, an extremely active Legislative Committee, good CE programming and a Strategic Planning initiative which helps keep our organization focused on pursuing its goals.

This year, our organization was intensely impacted by the release of the Hoffman Report in July of 2015. We were shocked and gravely dismayed by its findings. In efforts to adequately respond to members' concerns, the Executive Board held emergency meetings and created an Ad Hoc Committee of volunteers from the membership who thoughtfully considered how to proceed. The Ad Hoc Committee administered a survey to members in order to efficiently ascertain the thoughts and feelings about report. Based on this information, we drafted and sent a letter to the APA. We have continued to provide updates to the membership and will be holding a CE by Jean Maria Arrigo, Ph.D. and David DeBatto on "Last Chance" Ethics: The APA Saga of Torture Interrogations: Lessons for Psychological Ethics in Institutional Settings later in 2016. We will continue to watch with keen interest as Mr. Hoffman performs an additional review which should be released in June of 2016.

This year was not what I had anticipated at the start of this year. And, I feel extremely grateful to have been able to play a part in providing support to our organization during this difficult time. The Executive Board during this past year and the members who have been vocal and an active part in our organization reminded me at every step along the way of why it is so rewarding to be a member of the NPA and to lend a hand in guiding it. It is with every ounce of confidence that I anticipate that Dr. Bree Mullin, our current NPA President, will do an outstanding job of leading us along the path to make NPA an even stronger organization of which we can all be proud!

~ Robyn Donaldson, Ph.D.
Licensed Clinical Psychologist

Past- President 2015-2016, Nevada Psychological Association

2016 Annual Business Meeting—NPA Award Winners

James Mikawa Award for Outstanding Contributions to the Field of Psychology: NPA recognized Dr. Richard Baldo for his service to NPA and to the practice of psychology in Nevada. Specifically, his work as editor of the NPA newsletter, his time devoted to various committees and Board positions, and his contribution to the practice of psychology through his service as an Orals Examiner for both the Nevada and California Boards of Examiners. Dr. Steven Graybar accepted the award on Dr. Baldo’s behalf, as he was out of the country.



Left to right: Bree Mullin, Steven Graybar

Outstanding Advocacy Award: NPA awarded Dr. Melanie Crawford for her tireless devotion to advocating for NPA, efforts that have always been characterized by excellence and passion. She has effectively used the multiple and varied positions that she has held, including President, CE Chair and now both Federal Advocacy Coordinator and Legislative Committee Co-Chair, to advance the reputation and excellence of NPA.



Left to right: Susan Ayarbe, Melanie Crawford

NPA also awarded Dr. Steven Graybar this award for his personal and professional contributions to Nevada psychologists. His time as chairman and member of the Nevada State Board of Psychological Examiners, resulted in decisions guided by high ethical standards and compassion. He also has devoted hundreds of hours to the mentoring and supervision of both psychology interns and psychiatric residents.



Left to right: Steven Graybar, Susan Ayarbe,

Outstanding Contribution to NPA Awards: NPA awarded Dr. Robyn Donaldson for her dedication to keeping NPA abreast of all of the happenings with the Hoffman Report, appointing a special Ad-Hoc Committee to address the APA and the Hoffman Report, and addressing members concerns about NPA’s response to the Hoffman Report



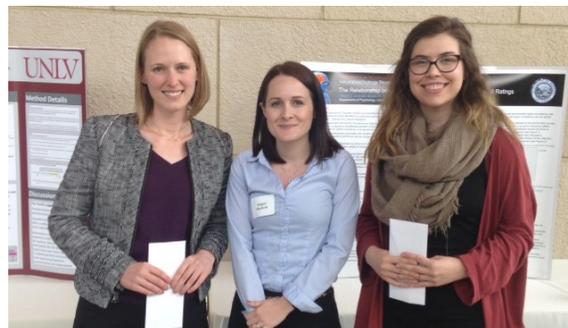
Left to right: Adrianna Wechsler-Zimring, Robyn Donaldson

Congratulations to our Student Poster Winners!

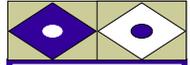
1st Place: Caitlin McLean

2nd Place: Julie Skutch

3rd Place: Abigail Mayfield



Left to right: Caitlin McLean, Abigail Mayfield, Julie Skutch


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the
Hard Work
Of its
Members
at our
2016
Annual
Business
Meeting!



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2016 NPA Strategic Planning Meeting—Friday, April 29th in Reno, NV

During this year's Strategic Planning Meeting, the NPA Executive Board spent a full day reviewing our 2013-2016 Strategic Plan and developing a new three year Strategic Plan for 2016-2019. The Board identified Strategic Business Objectives (SBO i.e. what we want to achieve) for the next three years, then identified and prioritized Translators (i.e. how we will achieve each SBO) for each of the SBOs. Each SBO and the potential translators are identified below:



1. Improve Financial Stability

- Increase CE attendance
- Increase Membership
- Increase CE Sponsorship
- Investigate new pricing models
- Increase Non-Dues Revenue

2. Provide High Quality Services to Members

- Maximize use of new and emerging technology
- Improve communication with members (monthly updates)
- Provide increased opportunity for networking
- Provide relevant CE opportunities
- Investigate additional perks/benefits of membership
- Mentorship program

3. Develop and Support Leadership

- Implement advocacy internship
- Investigate ways to decrease board burnout
- Outreach to groups on importance of SPTAs
- Educating membership about leadership positions

4. Advocate for Psychology as a Science and Profession

- Increase coordination between Legislative Committee and Executive Board
- Increase targeted communications of legislative actions to members
- Making advocacy exciting to membership
- Increase membership recruitment to participate in Legislative Committee



The following were selected by the Executive Board as our 2016-17 Translators:

SBO#1: Improve Financial Stability

- ✓ Increase Membership
- ✓ Increase CE Sponsorship
- ✓ Investigate new pricing models

SBO#2: Provide High Quality Services to Members

- ✓ Improve communication with members (monthly updates)

SBO#3: Develop and Support Leadership

- ✓ Investigate ways to decrease board burnout

SBO#4: Advocate for Psychology as a Science and Profession

- ✓ Increase coordination between Legislative Committee and Executive Board



2016-2017 Nevada Psychological Association: Executive Board Members



President and ECP Co-Chair: South—Bree Mullin, Psy.D. was born and raised in Las Vegas, Nevada. In 2003, she earned her bachelor's degree in Psychology from the University of Arizona and in 2011, she earned her doctoral degree in Clinical Psychology from Alliant International University in San Diego, California. She returned to Las Vegas to complete postdoctoral training and provide mental health services to the residents of Clark County. Bree became licensed in 2013 and now has a private practice working with children, adolescents, adults, and families in clinical & forensic settings.

President-Elect & Treasurer: Adrianna Wechsler-Zimring, Ed.M., Ph.D. worked in the field of education before earning her doctorate in clinical psychology at UNLV. After her completing her internship at University of Washington School of Medicine and her postdoctoral fellowship at Stanford University School of Medicine, Dr. Zimring returned to the greater Las Vegas area and established a private practice specializing in evidence-based practices with children and adolescents. She also serves as an adjunct faculty member at both Stanford and UNLV. Dr. Zimring has been a member of NPA since her time as a doctoral student at UNLV.



Past-President: Robyn Donaldson, Ph.D. graduated from UNLV's Clinical Psychology doctoral program. She completed her pre-doctoral clinical internship at the Counseling and Psychological Services (CAPS) of Oregon State University and post-doctorate year at Healthy Minds in Las Vegas, Nevada conducting disability assessments and individual therapy. After earning her license, she started her private practice in Henderson, Nevada providing psychotherapy to adults. Last October, she accepted a full time position with UNLV's CAPS as a Staff Psychology and continues to maintain her private practice on a limited and part-time basis. Prior to becoming President of the NPA, she served as UNLV campus rep and two years as Treasurer.

Secretary: Susan Ayarbe, PhD. received her degree in Clinical Psychology from UNR in 1988. After working for eight years at the Rocky Mountain Multiple Sclerosis Center in Denver, Co as a staff neuropsychologist and research assistant, Susan spent the next six years in corporate consulting, providing training in process improvement and change management. After moving to Reno, Susan started her private practice, which is focused on the neuropsychology assessment of children and adolescents.



APA Council Rep: Lisa Linning, Ph.D. is a Licensed Psychologist at DRC, Children's Program, in Las Vegas and part-time private practice. She is involved with treatment of severely abused and disabled youth through research, youth corrections, residential and inpatient treatment centers, and outpatient services. Dr. Linning started with NPA in 2002 as UNLV/APAGS rep, spent several years on the Southern Board and committees. She stays active with advocacy for mental health and children's issues at the state and national levels.

Northern Regional President: Yani Dickens, Ph.D., CC-AASP is a Licensed Psychologist and certified sport psychology consultant working as the director of training at the UNR Counseling Services and also in private practice. He provides training to UNR clinical psychology doctoral students, psychology interns, and postdoctoral fellows. In addition, he provides student athletes with counseling and sport psychology consulting services as an adjunct clinical faculty member with the University of Nevada School of Medicine. He is also adjunct faculty with the UNR Psychology Department.



Southern Regional President: Sarah Ahmad, Psy.D. is a native of Las Vegas and received her B.A. from UNLV. She completed her graduate work in California and then secured a Postdoctoral Fellowship in Las Vegas at Desert Psychological. Following completion of her postdoc she remained with Desert Psychological and currently assists with the training program as a licensed psychologist. Eager to actively participate with NPA, she now is serving her second term as Southern Region President for the Southern Board and looks forward to the upcoming year.

Diversity Chair: Johanah Kang. is a Clinical Psychology Doctoral Student at UNLV who is passionate about all things diversity related. She will complete her internship at the Veteran's Affairs Puget Sound Health Care System in August 2015 and return to Las Vegas for two-year post-doctoral residency in Neuropsychology. The Diversity Committee continues promoting diversity issues in NPA and Nevada.



ECP Co-Chair: North: - Ruth Gentry Ph.D. earned her degree from UNR in 2010 and is licensed in California and Nevada. She completed her internship and postdoctoral fellowship in integrated care/health psychology at the West Los Angeles Veterans Affairs. She is in private practice in Reno specializing in treatment of sleep disorders, chronic pain, anxiety, depression, and PTSD.

APAGS Rep: Kyleigh Sheldon (UNLV) and Allison Ruork (UNR) Campus Reps: Leiszie Lapping-Carr (UNLV) and Andrew Ahrendt (UNR)

2016-2017 Nevada Psychological Association: Regional Board Members

Northern Regional Vice-President: Elysse Kompaniez, Ph.D. received her Ph.D. in Cognitive and Brain Sciences from the University of Nevada, Reno and she is currently respecializing in clinical neuropsychology. Elysse's interests as a psychologist include the neuropsychological assessment of children and adolescents. She is excited to become involved in NPA and looks forward to the upcoming year.

Northern Regional Secretary: Alex Cramond, Ph.D. worked in the Brain Imaging and Behavior Laboratory, and completed his doctoral degree at Brigham Young University in 2012 under the direction of renowned neuropsychologist, Dr. Erin D. Bigler. Dr. Cramond's private practice, Summit Neuropsychology, is located in Reno, NV. He provides inpatient/outpatient neuropsychological examinations, forensic evaluation, concussion mgmt, and cognitive rehabilitation services.

Northern Region Treasurer: Kris Harris, Ph.D. is a Licensed Psychologist and graduated from Southern Illinois University Carbondale in 2013. She completed her postdoctoral fellowship focused on eating disorders at University of Nevada, Reno's Counseling Services, and currently works at VA Sierra Nevada Health Care System conducting outpatient individual and group therapy with veterans experiencing a range of mental health concerns.

Southern Regional Vice-President: Kelly O'Neil, PhD has worked at Desert Psychological for 4 years, completed her postdoctoral fellowship under the supervision of Dr. Stephanie Holland and is now a licensed psychologist. Her therapeutic training has focused on services provided to adjudicated youth at Caliente Youth Center; and, individual, family and couples therapy provided to those in the Las Vegas area.

Southern Region Secretary: Ana Olivares, Psy.D. is a post-doctoral fellow under the supervision of Lindsey Ricciardi, PhD. A native of Los Angeles, CA, she completed her undergraduate studies at California State University, Los Angeles. She earned her PsyD from The Chicago School of Professional Psychology in December 2014 and completed all of her clinical training in Las Vegas. She currently provides individual and group therapy with a specialization in the diagnosis and treatment of eating disorders and weight-related issues.

Southern Region Treasurer: Emily Slife, Ph.D. is a Psychologist at the UNLV Student Counseling and Psychological Services, where she serves as the Training Coordinator and the Eating Disorder Treatment Team Coordinator. Dr. Slife is excited to be involved with NPA and is serving her second term as Regional Treasurer.



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Association

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Membership Year: June 1st, 2016–May 31st, 2017

Information about you: Please complete the box below. This information updates the NPA database. PLEASE print clearly.
 IS YOUR INFORMATION THE SAME AS LAST YEAR/NO CHANGES? Check box, sign below, skip to Pg 2

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|--|--|
| <input type="checkbox"/> Legislative Committee | <input type="checkbox"/> Continuing Education Committee |
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| <input type="checkbox"/> ECP Committee | <input type="checkbox"/> Diversity Committee |

I authorize NPA to send e-mails to me as necessary. _____ (initials)

Graduate College/University: _____ Graduation Date: _____ Degree: _____

Licensed in NV- License#: _____ Year Licensed: _____

Licensed in other State: _____ License#: _____ Year Licensed: _____

APA member Yes No National Register Yes No ABPP Yes No Specialty ABPP Area

I agree to abide by the ethical principles set forth by the American Psychological Association and I certify that all statements made herein are true and accurate to the best of my knowledge and belief.

Signature of Applicant: _____ Date _____

Please note that 30% of dues is designated for the lobbyist and is not tax deductible. \$15 of your dues payment will go to support your respective region (North or South) and its activities

A. TOTAL: Full Members (left) or ECP (right) flat fee dues: \$ _____

Full Members: (✓ box below):
(Flat fee dues)

Full member, 5 years post licensure \$250.00

PLEASE NOTE:

We have eliminated the assessment for our dues. All Full Members now pay \$250 flat fee per year for membership dues. Thank you for your patience during this important transition and your continued support of our organization.

Early Career Psychologists (choose 1 and ✓):

4 years post-licensing \$225.00

3 years post-licensing \$200.00

2 years post-licensing \$175.00

1 year post-licensing \$150.00

Licensing year \$125.00

Post-doc/Unlicensed \$100.00

B. Other Membership Categories: (for those that are neither a Full Members nor an ECPs):

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detailed description available online

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Your donation will help fund Student travel to SLC and Strategic Planning

NPA Century Fund \$100.00 or _____ (other donation amount)

Your donation supports our Central Office operations, ED and Lobbyist

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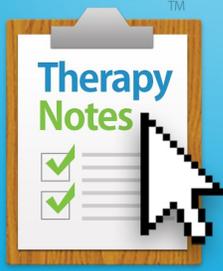
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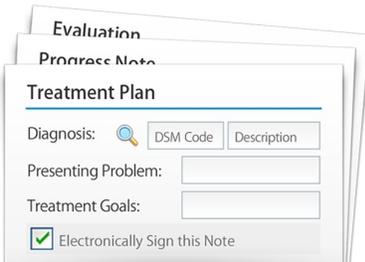
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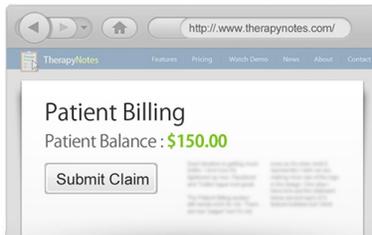
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Customers can request appointment times



My experience with TherapyNotes this past month has been fantastic!

Firstly, the system is easy to navigate, thorough, flexible, and extremely clinically intuitive. Secondly, technical and customer support has been efficient, fast, and very personal. I am leaving another EHR system for TherapyNotes... gladly. I'm very happy that you've created such a quality product. Thank you!

Dr. Christina Zampitella, FT, Licensed Clinical Psychologist

Just want to say that I truly love the system!

It takes all the guesswork out of tracking paperwork. Being able to schedule appointments and then have the system take over and track what is due for each client is wonderful.

Kathleen Bremer, PCC-S

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The View from Carson City by Bryan Gresh, NPA Lobbyist



First things first. NPA is in ~~good~~ great hands with its current leadership team. Both the Legislative Committee and the Executive Board really helped make the recent NPA-PAC drive the best on record!

It's such a benefit to psychologists across Nevada if we're able to financially support candidates who share our passion and vision for psychology. A campaign contribution is a far better way to end a meeting than to simply say "Good luck—we're keeping our fingers crossed for you!"

And a number of legislative allies received the endorsement of NPA this election cycle. Candidates can now proudly add the NPA logo to their websites, Facebook pages, walk pieces and campaign mailers when reaching out to constituents.

This is turning in to one of the more active interims we've faced. A lot of moving parts are in play as mental health jockeys for a place of prominence during the 2017 Legislative Session. Our front burner issue: the NPA Corporate Practice initiative has gained momentum this spring. Dialogue continues with many organizations, providers, and consortia to educate people about the current limitations of the NV Corporate Practice law (NRS 89.050). Many agencies, such as the Cleveland Clinic, have provided letters of support from each of their physicians and psychologists. We continue educating lawmakers, candidates and other professionals as we search for the best vehicle to move this issue forward in 2017.

Additionally, it has come to our attention that psychologists, as defined as "Allied Health Professionals" (NRS 450.006), and Allied Health Professionals are prohibited from being part of the staff of physicians at said hospital (NRS 450.440).

In other words, it seems that psychologists can't be part of the medical staff of physicians because of the way in which our specialty is defined/grouped per Nevada law. In light of the new UNLV and Roseman University of Health Sciences medical schools starting in Nevada, this is another area for discussion with our medical colleagues as curricula and staffing is being built, with an eye toward integrated health care models.

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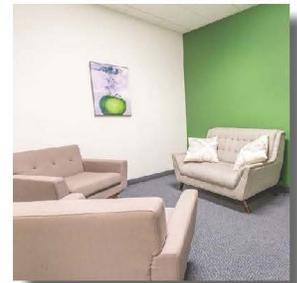


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At Center for Hope of the Sierras, it is our mission to welcome each person who enters our doors with excitement about their willingness to heal and with respect for the courage it takes to enter treatment. We offer compassion, dignity, an individualized approach, and a commitment to each person's unique healing process.

NPA 2016 Continuing Education Calendar

Advanced DBT: Treating Emptiness, Anhedonia, Relationship Chaos and Other Sticky Problems

Alan Fruzzetti, PhD

June 10th, 2016

Las Vegas NV

6 CE Credits

“Last Chance Ethics”

The APA Saga of Torture Interrogation— Lessons for Psychological Ethics in Institutional Settings

Jean Maria Arrigo, PhD

David DeBatto

September 17th, 2016

Las Vegas NV

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Why People Die by Suicide

Thomas Joiner, PhD

October 21st, 2016

Las Vegas, NV

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For more information on Willow Springs Center programs and services please visit our website at: www.WillowSpringsCenter.com or call us at: **800-448-9454**

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- Substance abuse
- Psychosis and other psychiatric issues
- Post-Traumatic Stress Disorder (PTSD)
- Veterans / Active Duty Military

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Update from the Commission on Behavioral Health

The State of Nevada Commission on Behavioral Health is a 10-member, legislatively created body designed to provide policy guidance and oversight of Nevada's public system of integrated care and treatment of adults and children with mental health, substance abuse, and intellectual/developmental disabilities and related conditions. The Commission establishes policies to ensure adequate development and administration of services for persons with mental illnesses and reports to the Governor and Legislature on the quality of care and treatment provided for persons with mental illness, mental retardation or co-occurring disorders and persons with related conditions in this State and on any progress made toward improving the quality of that care and treatment.

The Commission is charged with sending the Governor a report in January of each year. The following are the highlights of some of the recommendations that came from this year's letter.

- Expand and streamline the Mobile Crisis Intervention Program for DCFS.
- Enhance intensive community based services, state run residential treatment beds and service coordination for youth.
- Support the streamlining and expansions of the forensic, seclusion and restraint and jail diversion programs.
- Examine and support the adjustment of wages to be competitive across state agencies and with other states. It is recommended that funds are allocated in the next Biennial budget to create a competitive environment that attracts a qualified workforce.
- Examine and support the adjustment of Medicaid reimbursement rates for Nevada's healthcare providers.
- Create opportunities that will increase the number of certified mental health professionals that specialize in treatment for children and youth.
- Increase availability of funding to support rehabilitative services for individuals to live and work in the least restrictive setting within their community.
- Ensure availability of appropriate mental health services, especially community based psychiatric services, for children with special needs.
- Support the growing need for innovative mental health delivery systems for older adults.
- Support that funds are allocated in the next Biennial budget for workforce development and to fund programs to improve their ability to hire clinicians who can identify and treat co-occurring disorders.

Finally, my term as Commissioner will end in June 2016. Thanks to you all for allowing me this invaluable experience for the past 3 years of representing psychology. I am most grateful for the opportunity to serve.

~ Paula Squitieri, Ph.D.

2016 State Leadership Conference, Washington DC 2/27/16—3/1/16

Once again, the State Leadership Conference (SLC) in Washington, D.C. did not disappoint. With the Hoffman Report still on the minds of most, the energy of the conference reverberated with the desire to improve how we can make a positive difference in the lives of others and in our profession. One workshop in particular focused on current challenges in psychological assessment. Much of the discussion focused on insurance reimbursement. The workshop leaders described authorization issues and the current lack of transparency with regards to insurance companies' decision making processes. Due to the many difficulties described, it was not surprising to hear that psychologists are conducting fewer assessments than before the integration of managed care. The encouragement from speakers at this workshop included the importance of proving the medical necessity of psychological testing and increasing communication and interactions with physicians. Another workshop focused on ways in which state organizations can increase their influence to advocate for psychologists and for psychology. Speakers reminded us that there are 35 members of Congress with healthcare backgrounds and that speaking to our legislators specifically about how psychological health impacts physical health could make a significant difference. This workshop also included a brainstorming session where we investigated creative ways to fundraise for state PACs. This year there was also discussion of prescription privileges. Psychologists with the ability to do so in their own state emphasized that this privilege to prescribe is also the privilege to unsubscribe. In meetings of the presidents of other state psychological associations, we exchanged ideas about how to prioritize goals for our own states according to members' needs and current events. Overall, attending SLC for the past few years has been one of the major highlights and advantages of being involved in leadership of the Nevada Psychological Association (NPA). It is my hope that many more of our members possess the interest to invest in our organization's and our field's future by participating in NPA's governance which could then afford them the incredible opportunity to also attend SLC.

Robyn Donaldson, Ph.D.
Licensed Clinical Psychologist

Past- President 2015-2016



2016 NPA Delegation in front of the Capitol



Outside Congressman Heck's Office
From left to right: Tiger Devore, Bree Mullin, Robyn Donaldson, Sarah Ahmad, Travis Loughran

SLC is a great opportunity to see up close how it is that APA is working to advocate for psychology. Not only did we get to visit with our state representatives on Capitol Hill to lobby for House and Senate bills that directly influence our ability to practice, but we also got to learn about alternative practice models and opportunities that offer many options for how to thrive as the nature of doing the work of a psychologist changes.

So we learn about how it is that psychologists can be included in the definition of "physician" under law as chiropractors and others already are.

How changes in Medicare can end up being advantageous to us or harming our ability to practice. How associating with other professionals, like psychiatrists and other MD's in group practice settings can be to our advantage.

How psychologists can be central in the move to integrated care in medical services delivery systems, like hospitals and other treatment centers.

All of these changes and opportunities are part of what it is that the Nevada Psychological Association does with both its advocacy with lawmakers at the State and Federal levels, and how it is that we can ask interested members and other psychologists in Nevada to volunteer time and money to help to make sure that these changes support the work of all psychologists.

So, if you are a member of NPA, thank you for your support in membership. If there is more you are willing to do, please be in touch with us. If you are not a member, please consider joining and giving time or money to any of the committees that are doing the work right now to secure psychology's future in Nevada.

Tiger Devore Ph.D.
Public Education Campaign Coordinator
Nevada Psychological Association

2016 APAPO State Leadership Conference, Washington D.C. 2/27—3/1/16



2016 Award Outstanding Association

Division 31, the APA Division of SPTA Affairs, awarded the Nevada Psychological Association with the **2016 Award for Outstanding Association**, which honors a state psychological association that provides a model for other associations to emulate, by achievements and outstanding accomplishments. Division 31 recognizing NPA for its dedicated leaders, highly active Legislative Committee, the support and mentorship of ECPs and the strong presence of Students in our organization.

In February 2016, I had the honor of attending APAPO's Annual State Leadership Conference, as the President-Elect of NPA. During the conference I was privileged with collaborating with leaders of other state psychological organizations, attending workshops focused not only on improving my own leaderships skills and building a strong state psychological association, but also on thriving in psychological practice and actualizing clinical practice guidelines.

The theme of the conference was "Expanding the Practice Spectrum" and the opening session provided an overview of new and routine routes psychologists can take to prosper in the changing healthcare marketplace. Dr. Nancy Ruddy, Vice-President of McCann Health in New Jersey, discussed how psychologists can better collaborate with community medical practices, while Dr. Arthur Evans, Commissioner for the Philadelphia Department of Behavioral Health and Intellectual Disability Services, addressed provocative approaches to "population health" (i.e., medical, psychological, and behavioral health at the community level). Practicing and promoting integrative health care is the future of psychology and the conference provided invaluable information that psychologists can use to thrive in an evolving health care environment and enter integrated health care to increase patient care and improve overall health. The conference re-ignited my inspiration to advocate for the profession of psychology and improve access to mental health care for our residents, and everyone.

Newly re-ignited inspiration was the perfect platform on which to stand while visiting Capitol Hill and meeting with NV Lawmakers about effecting change in our small, yet mighty, state. Representative Dina Titus spoke with us about her decision to co-sponsor H.R. 2646, the "Helping Families in Mental Health Crisis Act," while Representative Mark Amodei shared his opinions on Bipartisan Mental Health Reform Legislation. In line with the last several years of advocacy work, NPA's delegation encouraged Nevada Lawmakers to support Medicare Mental Health Access, which would include psychologists in the definition of "physician," as we are the only doctoral-level trained providers who are not recognized in this definition.

While I entered the conference feeling like a small fish in a large ocean, as I navigated my way through the opening and plenary sessions, keynote address, President-Elect workshops, networking groups, and general discussions, I realized that my voice is mighty, just like our small state. NPA was honored as "The Little State that Did," with the Division 31 2016 Award – Outstanding Association by a State, Provincial or Territorial Association, and following that in that wake, I will continue to advocate for my practice, my profession, and my colleagues.

Bree Mullin, Psy.D.
President, 2016-2017
Nevada Psychological Association



Thank You

to the **Committee for the Advancement of Professional Practice (CAPP)** for awarding an Organizational Development Grant of \$14,000 to NPA. This subsidy helps cover central office operations, lobbyist expenses & marketing efforts.

CAPP continues to recognize the need of assistance by very small State Associations in maintaining central office operations, which is greatly appreciated by NPA. This grant, made possible from funds collected through the practice assessment of licensed psychologists, is awarded in the spirit of resource sharing to support projects aimed at promoting the practice of psychology.



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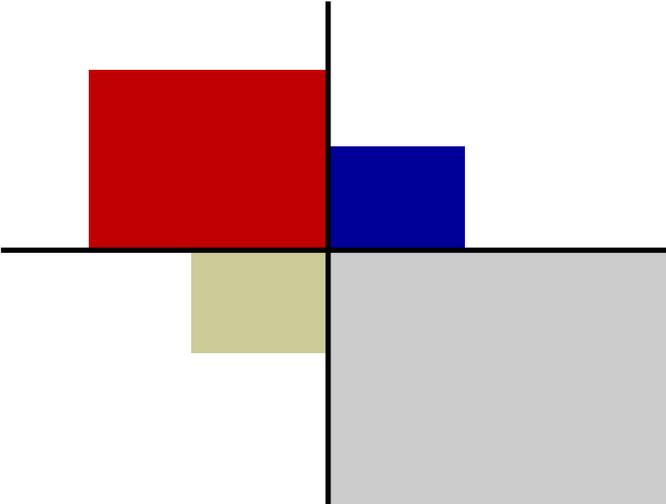
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About PSYPACT

- PSYPACT is a cooperative agreement enacted into law by participating states
- Addresses increased demand to provide/receive psychological services via electronic means (telepsychology)
- Authorizes both telepsychology and temporary in-person, face-to-face practice of psychology across state lines in PSYPACT states
- PSYPACT states have the ability to regulate telepsychology and temporary in-person, face-to-face practice

How PSYPACT Works

- PSYPACT becomes operational when seven states enact PSYPACT into law
- Psychologists who wish to practice under PSYPACT obtain:
 - E.Passport Certificate for telepsychology
 - Interjurisdictional Practice Certificate (IPC) for temporary in-person, face-to-face practice
- PSYPACT states communicate and exchange information including verification of licensure and disciplinary sanctions

Benefits of the PSYPACT

- Increases client/patient access to care
- Facilitates continuity of care when client/patient relocates, travels, etc.
- Certifies that psychologists meet acceptable standards of practice
- Promotes cooperation between PSYPACT states in the areas of licensure and regulation
- Offers a higher degree of consumer protection across state lines

Email: info@psypact.org