

Advocating for Psychologists in Nevada Nevada Psychological Association P.O. Box 400671 Las Vegas, NV 89140 888.654.0050 ph/fax www.NVpsychology.org

June 2nd, 2020

The Nevada Psychological Association renews its commitment to fighting against white supremacy and will stand in the face of anti-Blackness. We are here to listen and learn from leadership in the Black community and lend our support as they see fit.

We add our voice to that of our colleagues at the <u>American Psychological Association</u> and others in unequivocally condemning acts of violence against individuals of color. In particular, we seek to address the recent high-profile murders of African Americans in the recent days and weeks. The growing list of victims of racial violence underscores the need for urgency in addressing the systems, institutions, and attitudes that continue to perpetrate violence and lead to profound trauma among our Black individuals, families, and communities. We grieve the losses of the individuals whose lives have been cut short by police brutality and acts of hate and ignorance. We also recognize that these tragedies must be considered in the context of historical trauma born from racism, which may further deepen traumatic impact and increase risk among our Black communities of negative mental and physical health outcomes, as well as suicide. Research demonstrates that experiences of racism are pervasive and contribute to increased rates of PTSD, depression, and anxiety, as well as health conditions associated with stress and trauma.

We echo the importance of self and community care for those impacted by these tragedies. The Nevada Psychological Association stands firmly against any forms of racism, discrimination, and hate. As psychologists, we understand the power of connection and solidarity to heal and connect. We urge each member of our professional and public community to take committed action in advocating for and supporting efforts to eliminate both individualized and insitutionalized racism, discrimination, and violence. We affirm the equal rights of African Americans to live in safety and dignity and denounce police brutality in all its forms. We support the efforts of those working to eliminate such violence and call on policymakers and those in positions of privilege and power to add their strength and resources to the continued fight for justice and equality. Psychologists are also useful working to better inform and train police officers and the systems they are part of to change paradigms that promote racial discrimination and violence, and to institute real criminal justice reform. We condemn the acts of police brutality taking place and add our voices to those stating Black Lives Matter.

The Nevada Psychological Association - Diversity, Equity, and Inclusion Committee

Additional resources and literature on the topic may also be found at: <u>https://www.nvpsychology.org/about/diversity/</u>

Sara Hun

Sara Hunt, Ph.D., NPA President on behalf of the NPA Executive Board

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L.E. Chapple-Love, Ph.D. Diversity, Equity & Inclusion Committee Chair