WILLIAM G. DANTON, PH.D.

DIPLOMATE, AMERICAN BOARD OF PROFESSIONAL PSYCHOLOGY

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EDUCATIONAL HISTORY

Los Angeles City College, Los Angeles, California. 9/61 - 1/66, A.A.

Major Area: Psychology

California State University, Northridge, California. 2/66 - 6/68, B.A.

Major Area: Psychology

University of Houston, Houston, Texas. 9/71 - 8/74, M.A.

Major Area: Clinical Psychology

University of Houston, Houston, Texas. 8/74 - 8/75, Ph.D.

Dissertation: A figure-ground model of cognitive balance

Major Area: Clinical Psychology

LICENSURE

1976 California License PL 4851 (Inactive)

1977 Nevada License PSY 054

EMPLOYMENT EXPERIENCE

Sept. 2008-Present Private Practice/ Manager, ClinicAD. Private practice in clinical psychology in Reno, NV. Managed shared clinical resources for a group of six psychologists (2008-2013). Solo clinical practice since 2013. Supervision of psychology post-docs and fourth-year medical students in clinical hypnosis.

May 2003-Sept. 2008 Clinical Director, Dynamic Resource Group. Reno, NV. Private practice. Clinical oversight and program design for an employee assistance and general behavioral services organization in Reno, NV. Dynamic Resource Group is a "bundled network" that provides a variety of ancillary services, such as wellness and stress assessment in addition to traditional

counseling.

May 1997-May 2003 Associate Chief of Staff, Mental Health Service Line, Department of Veterans May 2003Affairs Sierra Nevada Health Care Network, Reno, Nevada. Supervised 45 employees of the Mental Health Service Line. MH Service Line is the product of the reorganization of Psychiatry, Psychology, Social Work, and Chaplain services. Services included inpatient and outpatient mental health and substance abuse services, a regional employee assistance program, a day treatment program, a work-training program, and a medical primary care

team. Program was named one of 12 "Innovative Programs	" by Department of Veterans
Affairs.	

May 1997- Present	Clinical Professor of Psychiatry and Behavioral Sciences, University of Nevada, Reno, School of Medicine.
Apr 1985- May 1997	Chief, Psychology Service, Veterans Administration Medical Center Reno, Nevada.
	Associate Professor Psychiatry and Behavioral Sciences, University of Nevada, Reno, School of Medicine.
Nov 1984- Apr 1985	Acting Chief, Psychology Service, Veterans Administration Medical Center, Reno, Nevada.
Aug 1975- Nov 1984	Coordinator, Mental Hygiene Clinic, Veterans Administration Medical Center, 1000 Locust Street, Reno, Nevada.
Dec 1976- 2003	Private Practice, South Lake Tahoe, California, Administrator and service provider for Employee Assistance Program, City of South Lake Tahoe (from 1983). Pre-employment and fit-for-duty evaluations police and fire employees.
Sep 1978- June 2003	Private Practice, 1350 Haskell Street, Reno, Nevada.
Mar-Sep 1978	Private Practice, Nims Associates, 100 North Arlington, Suite 200, Reno, Nevada.
Jun 1974- Jun 1975	San Francisco Veterans Administration Hospital, 42nd and Clement Sts., San Francisco, California: Psychology trainee.
Jun 1973	Texas Research Institute of Mental Sciences, 1300 Moursund Avenue, Houston, Texas Program co-designer and clinical Staff, Ingrando Residential Growth Center for Adolescents.
1972	University of Houston, Houston, Texas Co-trainer T-Group lab for University of Houston Law Students and Rice University Architecture Students.
Summer 1971	Penny Lane, Van Nuys, California; California State University, Northridge, California Assistant Group Trainer for a human relations training class; Assistant Group Trainer for a community workshop and for deaf adults; Volunteer ed at Penny Lane counseling delinquent girls.
1968-1971 1968 1969	United States Navy, Active Duty Navy Officer Candidate School, Newport, R. I. U. S. Navy School of Deep Sea Diving, Washington, D. C.

Ship's Salvage Officer (Primary); Line Supply Officer (Secondary);

Communications/Cryptographics; Electronics Maintenance Officer; Education-Safety

Officer; one tour in Vietnam.

1967-1968 San Fernando Valley State Child Study Center

> Research assistant (Work-Study Program) to Dr. Samuel Pinneau; Programmer statistical analysis programs (Fortran IV; IBM 360/20); developed an independent study project.

OTHER PROFESSIONAL TRAINING

Mar-Apr	Advanced Clinical Biofeedback & Case Studies in Biofeedback.
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1975 Biofeedback Institute of San Francisco, California

Dec 16-20 Hypnotherapy supervision with Milton Erickson, M. D.,

1977 Phoenix, Arizona

Dec 4-9 International Congress on Ericksonian Approaches to Hypnosis and psychotherapy, Phoenix,

AZ.

1985

Aug 22-27 International Congress on Hypnosis and Psychosomatic Medicine 1982

(with Advanced Hypnotherapy Workshop), 32.5 hours, Glasgow,

Scotland.

The Fourth Scientific Meeting of the Pacific Rim Psychiatric Association: Dec 4-12

1988 Transcultural Mental Health; 18 hours; Hong Kong.

CONSULTATION

1972-1973 Who Cares? A Houston drug crisis intervention	on organization. I	Psychologist on a drug crisis
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intervention team for various area rock concerts, etc.

1973 Teenline. A weekly youth-oriented problem column in The Houston Post. Consultant.

1974-1975 Comprehensive Group Practice, San Francisco Veterans Administration Hospital (a pilot

primary care program). Psychological Consultant.

1976 Nevada Lung Association, Reno, Nevada. Consultation and program design for a Stop-

Smoking Program.

Sep-Dec Disabled American Veterans Vietnam Veterans Outreach Program Program

1980 design, implementation.

Dec 1980-Veterans Administration Vietnam Outreach Center, Reno, Nevada.

1999 Clinical supervision of team leader, weekly case conferences with staff. May 1981 Veterans Administration, Content Expert, Task Force for Job Analysis for Psychology (SFVAMC).

May 1982 Veterans Administration, Content Expert, for production of mediated package on

Management of the Violent Patient: Words Away from Violence (Salt Lake City, IRMEC). Content Expert for mediated package on suicide: The Prevention of Suicide, VAMC, St. Louis,

MO--Winner of Health Sciences Television, "Best of Show", Elmer Friman Award.

July 1984- Psychological Consultation for City of South Lake Tahoe; Consultation to City Council and Department heads (special emphasis on Police and Fire Departments).

Aug-Sep 1984 Consultant/interviewer for Veterans Administration Office of

Program Planning and Evaluations Client Impact Study, Vietnam Veterans Outreach Program

(Washington, D.C.).

1985-2003 Reviewer for *American Family Physician*.

TEACHING

- 1. Community lectures and local media presentations on hypnosis, stress reduction, weight loss, smoking control, management of violent patients, treatment of anxiety.
- 2. Introduction to Clinical Medicine (an introductory course for medical students teaching interviewing, assessment and physical examination procedures), School of Medicine, University of Nevada, Reno.
- 3. Training and supervision of biofeedback program, Mental Health Clinic, VAMC, Reno.
- 4. Yearly lectures on hypnosis, biofeedback, pain control and treatment of eating and smoking problems, non-drug treatment of anxiety, post-traumatic stress syndrome, management of violent patient, etc. Human Behavior Blocks, Clerkship Lecture Series, and fourth-year Electives. School of Medicine, University of Nevada, Reno, Nevada.
- 5. Dealing with Violent Patients, a three-hour training workshop presented at various Department of Veterans Affairs Medical Centers and at various other state and community mental health programs. Chairperson (fmr), Behavioral Emergency Training Committee, VAMC, Reno.
- 6. Faculty, National Judicial College (American Bar Association); Lectures on various mental health topics, Reno, Nevada.
- 7. Master Trainer for Total Quality Improvement program, VAMC, Reno, NV.
- 8. Certification and Approved Consultant in Clinical Hypnosis, American Society of Clinical Hypnosis.
- 9. Bayer Certified Trainer

AWARDS AND GRANTS

Dean's List, California State University, Northridge: 1966, 1967, 1968.

National Institute of Mental Health Fellowship: 1971-1973.

Veterans Administration Stipend: 1974-1975.

Collaborative Research Grant: School of Medical Sciences, University of Nevada, Reno, Nevada, and Veterans Administration Hospital, Reno, Nevada. Clinical comparison of the effectiveness of deep muscle relaxation, nitrous oxide administration and a combination of the two procedures: 1977.

Certificate of Dedication for Continuous Volunteer Community Service, Speaker's Bureau, University of Nevada, Reno, Nevada: 1977. Certificates of Appreciation 1978-91.

Performance Awards (quality increases) Veterans Administration: 1/14/79, 5/3/81, 8/13/83, 6/5/84,10/15/91; Merit Pay Increases 1987, 1989, 1991, 1992, 1993.

Certificate of Appreciation, Disabled American Veterans, for establishing a D.A.V. Outreach program for Vietnam Veterans in Reno: 10/1/80.

Certificate of Appreciation, Veterans Administration Medical Center, Reno, Nevada, for leadership in early development and organization of the Veterans Outreach Center: 1980.

Certificate of Appreciation, Department of Psychiatry and Behavioral Sciences, School of Medicine, University of Nevada, Reno

Commendation Award for outstanding contributions to planning, teaching and evaluation of continuing education offerings, Interwest Regional Medical Education Center, Salt Lake City, Utah.

Special Contribution Award, V.A.M.C., Reno, Nevada: 1986.

Veterans Affairs Research Grant, 1991: A comparison of peer and professional counselors for AIDS education with veterans in rural Nevada.

Outstanding Psychologist (James Mikawa Award) 2001, Nevada State Psychological Association.

Congressional Recognition, Congresswoman Shelley Berkley, Nevada's First Congressional District, May 19, 2001

COMMITTEES

Chairman, Northern Nevada Association of Certified Psychologists, Task Force to Review the Nevada Board of Psychological Examiners, 1980

Member, Mental Health Advisory Committee Interwest Regional Medical Education Center, Salt Lake City, Utah, 1981

Member, Readjustment Counseling Service, Evaluation and Review Committee, VAMC, Reno

Member, Geriatrics Program Review Committee, V.A.M.C., Reno

Program Chairman, Combined Federal Campaign, V.A.M.C., Reno

Medical Executive Board, VASNHCS

Chair, Mental Health Council, VASNHCS

Chair, Marketing Committee

Member, Partnership Council VASNHCS

President, Nevada State Psychological Association, 2004-2005

PROFESSIONAL MEMBERSHIPS

1. American Psychological Association

Division 18, Psychologists in Public Service Division 30, Psychological Hypnosis Division 42, Psychologists in Independent Practice

- 2. Western Psychological Association (inactive)
- 3. California State Psychological Association (inactive)
- 4. Nevada State Psychological Association
- 5. American Society of Clinical Hypnosis (Approved Consultant status)
- 6. International Society of Hypnosis
- 7. American Academy of Clinical Psychology (inactive)
- 8. Reno Area Federal Executive Council (inactive)
- 9. Listed: National Register for Health Care Providers in Psychology (inactive).
- 10. Biofeedback Supervisor (Biofeedback Certification Institute of America).

PAPERS PRESENTED

situations. Presented at meetings of the Western Psycho- logical Association, San Francisco, California, 1971.

Danton, W. Design and use of a hypnotically presented cognitive reframing paradigm. Invited address. Division 30 Symposium: Theoretical approaches to psychotherapy. Meetings of the American Psychological Association, San Francisco, California, January 13, 1977.

Danton, W. Dealing with the violent patient. Invited address. Veterans Administration Interwest Regional Medical Education Center, San Francisco, California, September 1978.

Danton, W., May, J. and Lynn, E. Psychological and physiological effects of relaxation, body awareness training and nitrous oxide training. Presented at the meetings of the Western Psychological Association, Sacramento, California, April 1982.

Danton, W. (Discussant). Comparative efficacy of psychological and pharmacological treatments for major psychopathology. (Antonuccio, D. and Ward, C., Chairs.) Symposium conducted at the Combined Annual Meetings of the Western Psychological Association and the Rocky Mountain Psychological Association, Reno, NV, April 1989.

Danton, W. and Antonuccio, D. Advocating the non-drug treatment of anxiety and depression. Presented at the Mid-winter Meetings, Divisions 29, 42 and 43 of the American Psychological Association, Amelia Island Plantation, FL, February 1992.

Danton, W. A comparison of peer counselors and nurse educators in the delivery of aids education to rural Nevada veterans. Presented at the meetings of the Office of Academic Affairs, Department of Veterans Affairs, Washington D.C., March 1993.

Denelsky, G., Danton, W. and Antonuccio, D. Non-drug treatment of anxiety and depression: superior to pharmacotherapy? Presented at the Mid-winter Meetings, Divisions 29, 42 and 43 of the American Psychological Association, San Diego, CA, March 1993.

Denelski, G., Danton, W. and Antonuccio, D. Non-drug treatment of anxiety and depression: superior to pharmacotherapy? Presented at the Annual Meetings of the American Psychological Association, Toronto, Canada, August 1993.

Denelsky, G., Danton, W., Antonuccio, D. and Caron, B. Non-drug treatment of anxiety, depression and schizophrenia: superior to pharmacotherapy? Presented at the Meetings of the American Psychological Association, Los Angeles, CA, August 1994.

Danton, W. and Antonuccio, D. Challenging the conventional wisdom about drug treatment for depression and anxiety. Paper presented at the 1994 Conference of Hospital and Community Psychiatry, Division of the American Psychiatric Association, San Diego, CA, 1994.

Danton, W. The case for non-drug treatment of Anxiety. Paper presented at Psychiatry Education Series, University of Nevada School of Medicine, Reno, NV June 1, 1994.

Danton, W. Non-drug treatment of Anxiety. First Northern Nevada Conference: A forum on Mental Illness Issues, 1994.

Danton, W. Psychotherapy vs. medication in the treatment of anxiety: Challenging the conventional wisdom. Symposium paper presented at the Convention of the western Psychological Association, Kona, HA, 1994.

Danton, W., DeNelsky, G., Greenberg, R. Etc. Non-drug treatment of anxiety. Paper presented at the Midwinter meetings of the American Psychological Association, New Orleans, LA March 9, 1995.

Danton, W., Antonuccio, D. and DeNelsky, G. Non-drug treatment of anxiety and depression. Paper presented at The IV European Congress of Psychology. Athens, Greece. July 1995.

Danton, W., Antonuccio, D. and DeNelsky, G. Psychotherapy: Treatment of choice in the community. Midwinter Meetings of the American Psychological Association, Phoenix, AZ. March 30, 1996.

Danton, W. Psychotherapy for Anxiety: Treatment of choice. Presented at the annual meeting of the American Psychological Association, Toronto, Canada. August 1996.

Danton, W. Psychotherapy for anxiety: Treatment of choice. Paper presented at the 5th European Congress of Psychology, Dublin, Ireland.

Danton, W. Comparing psychotherapy and drug treatments for anxiety. Paper presented at the annual meeting of the American Psychological Association, San Francisco, CA. August 1998.

Danton, W. Panel Discussion (with Hinitz, D., Loftus, E., Kimerer, M.): Ethical implications for clinical practice and the courtroom (repressed memory). Paul McReynolds Lecture and Workshop Series, University of Nevada, Reno, NV. September 12, 1998.

Danton, W. No need to panic. Paper presented at the annual meeting of the Western Psychological Association, Maui, Hawaii, March 2001

Danton, W. Comparative effectiveness of anxiolytics pharmacotherapy and psychotherapy. Paper presented at the annual meeting of the American Psychological Association, San Francisco, California, August 2001.

C. Duncan, C. Jones, Finnegan M., Danton W., & Crognale M.A. (2013) Changes in the chromatic visual evoked potential (VEP) induced by hypnotic suggestion. *Annual meeting for the Cognitive Neurosciences*

Society, San Francisco, CA.

Holler, D., Duncan, C.S., Finnegan M. Jones, C., Danton W. & Crognale M.A. (2013) Changes in the chromatic visual evoked potential (VEP) induced by hypnotic suggestion. *University of Nevada Psi Chi research*

symposium, Reno, NV.

Danton, W. (2015) Hypnosis in the treatment of post-surgical dysosmia. 20th World Congress of Hypnosis, Paris, France.

WORKSHOPS

Workshop leader for Interwest Regional Medical Education Center, Vietnam Veteran's Readjustment Counseling Program and University Speaker's Bureau on topics such as hypnotherapy, conflict resolution, personality disorders, stress, etc. Workshops have included Team Building and Violent Patient workshops for the Veterans Administration in Honolulu, DSM diagnostic workshop for the Readjustment Counseling

Program, Hypnosis in Psychotherapy, Sheridan VAMC, Bayer communication skills training for primary care physicians, and wellness workshops for the City of South Lake Tahoe.

PUBLICATIONS

Danton, W. Sections on hypnosis, weight control and control of smoking behavior for J. Altrocchi's Abnormal Behavior. New York, Harcourt, Brace and Jovanovich, 1980.

Danton, W., May, J. and Lynn, E. Psychological and physiological effects of relaxation and nitrous oxide training. <u>Psychological Reports</u>, 1984, 55, 311-322.

Antonuccio, D., Danton, W., Tearnan, B., and Alberding, K. Pathological lying: An importantno, the most important clinical problem facing mental health professionals. Journal of Polymorphous Perversity, 1987, 4(1), 15-16

Antonuccio, D., Danton, W. and DeNelsky, G. <u>Psychotherapy vs. medication for depression: Challenging the conventional wisdom.</u> Reno, NV: University of Nevada School of Medicine. (ERIC Document Reproduction Service No. ED 371 263), 1993.

Antonuccio, D., Danton, W. and DeNelsky, G. Psychotherapy for depression: No stronger medicine. NOVA Psi Newsletter, 12(2), 11-13. 1994

Antonuccio, D., Danton, W. Depression Dont's. The APA Monitor. 1993.

Danton, W. and Antonuccio, D. Think twice about anxiolytic therapy. VA Practioner, July 1993.

Danton, W., Altrocchi, J., Antonuccio, D. and Basta, R. Non-drug treatment of anxiety. American Family Physician, 1994.

Antonuccio, D., Danton, W. and DeNelsky, G. Psychotherapy vs. medication for depression: challenging the conventional wisdom with data. Professional Psychology: Research and Practice. 1995.

Antonuccio, D.O., Danton, W.G. & DeNelsky. Depression: psychotherapy is the best medicine. <u>The Therapist</u>, 4(3), 30-40. 1997.

Antonuccio, D.O., Thomas, M. & Danton, W.G. A cost-effectiveness analysis of cognitive behavior therapy and fluoxitine (Prozac) in the treatment of depression. Behavior Therapy, 28, 187-210. 1997.

Danton, W.G., Antonuccio, D.O. & Rosenthal, Z. No need to panic: non-drug treatment of anxiety. <u>The Therapist</u>, <u>4(4)</u>, 38-41. 1997.

Danton, W.G. & Antonuccio, D.O. A focused empirical analysis of drug treatments for anxiety disorders. In S. Fisher & R. Greenberg (eds.) <u>From Placebo to Panacea: Putting Psychiatric Drugs to the Test.</u> New York: John Wiley & Sons. 229-280, 1998.

Antonuccio, D.O., Thomas, M. & Danton, W.G. A cost-efffectiveness model: is pharmacotherapy really less expensive than psychotherapy for depression? In S. Hayes and Heiby (eds.) <u>Prescription Privileges for Psychologists: A Critical Analysis</u>. Context Press 1998.

Antonuccio, D.O., Danton, W.G., DeNelsky, G.Y., Greenberg, P.P., & Gordon, J.S. Raising questions about antidepressants. Psychotherapy and Psychosomatics, 68, 3-14; 1999.

Antonuccio, D.O., Burns, D., Danton, W.G., & O'Donohue, W. (2000). The rumble in Reno: The psychosocial perspective on depression. Psychiatric Times, 17, 10-13.
https://www.mhsource.com/pt/p000824.html

Antonuccio, D.O. & Danton, W.G. (1999). Adding Behavioral Therapy to Medication for Smoking Cessation. <u>JAMA</u>, <u>281</u>, 1983-1984.

Antonuccio, D.O., Danton, W.G. & McClanahan, T.M. Psychology in the prescription era: Building a firewall between marketing and science. The American Psychologist, 58(12), 1028-1043. 2003

Danton, W.G. Book review: Transforming Ericksonian methods: Methods 21st Century Visions by Loriedo, C., Zeig, J. & Nardone, G., Am. J. Clin. Hypnosis, 58(4), 2016

MEDIA

Promotional tape: The research relation between Veterans Administration Medical Center and the Medical School. Department of Educational Support Communications, University of Nevada, Reno. April 1977.

Progressive Muscle Relaxation: A videocassette series, co-produced with J.May, Ph.D. Used by The U.S. Olympic Ski Teams.

Media training packages on hypnosis, psychopathology of everyday life violence, and suicide.

Keeping the Promise A promotional tape for VA Sierra Nevada Health Care System, 2000.

Hypnosis for Golfers A DVD for golfers designed to improve their mental game, 2002.

Tools for the Mental Game A hypnosis DVD for golfers, 2004

Judge: Slick Rock Film Festival (2014) and Directing Change Student Video Contest (2013-2017)

SPECIAL INTERESTS

Media and technology in psychotherapy, brief therapy, hypnosis and treatment of anxiety disorders.

REFERENCES

Steven Mayville, Ph.D., Clinical Psychologist, ClinicAD, 10631 Professional Cir, Suite A Reno, Nevada, 89521.

David Antonuccio, Ph.D., ABPP, Professor of Psychiatry and Behavioral Sciences, School of Medicine, University of Nevada, Reno, Nevada, 89502.

Blake Tearnan, Ph.D., Behavioral Medicine Associates, 5470 Kietzke Ln, Ste 130 K, Reno, NV, Nevada, 89509

Updated 2/21

Addendum: I have specialized in clinical hypnosis since 1975. I provide training and supervision for psychologists, psychiatrists, and fourth-year medical students via an elective.