

CURRICULUM VITAE

Steven Graybar, Ph.D.
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Personal Data

Business Address: 1840 Shadow Creek Ct.
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Professional Certifications

Nevada Licensed Psychologist #PSY230	1991- present
Certified Mediator	2001-present
Nevada Certified Alcohol and Drug Counselor	1991-2012

Education

University of Nevada, Reno (APA Approved) Degree: Ph.D., Clinical Psychology	1989
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University of Nevada, Reno Degree: M.A., Clinical Psychology	1987
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Northern Arizona University, Flagstaff, Arizona Degree: B.S., Psychology (Magna Cum Laude)	1982
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Awards

2019- Outstanding Faculty Teaching Award-Department of Psychiatry, University of Nevada School of Medicine

2016- Ira Pauly Award – Given to the mentor whose qualities residents most seek to emulate. Department of Psychiatry, University of Nevada School of Medicine

2016- Nevada Psychological Association Award- For a Career of Contributions to the Association and to Practice of Psychology in Nevada.

2016- Project ECHO Award, for contributions to Primary Care and Behavioral Health providers in rural Nevada. University of Nevada School of Medicine.

2015- Outstanding Clinical Faculty Teaching Award- For Excellence in Resident Training. University of Nevada School of Medicine, Department of Psychiatry.

2002- Nevada Psychological Association James Mikawa Award- For Outstanding Contribution to Psychology in Nevada.

Clinical Experience

- Clinical Psychologist 1991-present
 Private Practice; Reno, Nevada
 Duties: Perform individual, couple and family therapy.
 Provide individual leadership development and organizational consultation to local businesses, government agencies and treatment programs.
- Associate Clinical Professor- Coordinator Psychotherapy Education & Supervision 2013-2019
 University of Nevada School of Medicine, Department of Psychiatry
 Duties: Coordinate the development and delivery of residency psychotherapy curriculum. Provide clinical supervision and psychotherapy seminar training with residents in Psychiatry and medical students within the School of Medicine.
- Associate Clinical Professor-Coordinator Behavioral Health 2012-present
 University of Nevada School of Medicine, Office of Statewide Initiatives
 Duties: Coordinator and consultant to mental health component of Project ECHO that provides education, training and clinical consultation to health care providers throughout rural Nevada.
- Clinical Professor 2005 – 2012
 University of Nevada School of Medicine, Reno, Nevada
 Duties: Director Medical Family Therapy Program. Provide psychological consultations to medical staff of the Pediatric Diabetes Program and Renown Medical Center. Conduct assessments, referrals and brief psychotherapy with children and families coping with chronic illness.
- Clinical Psychologist 1991 – 2005
 University of Nevada, Counseling and Testing Center; Reno, Nevada
 Duties: Provided brief individual, couples and group psychotherapy to students of the university. Conducted substance abuse assessments and treatment. Supervised clinical psychology externs. Provided university outreach.
- President, Secretary/Treasurer, Board Member 1997 – 2005
 State of Nevada Board of Psychological Examiners
 Duties: Investigate and hear complaints against licensed psychologists, develop disciplinary action plans when appropriate. Testify before state legislature as expert witness on board and psychology related issues in Nevada.
- Postdoctoral Fellow 1990 – 1991
 University of Rochester School of Medicine, Rochester, New York
 Duties: Received intensive training and supervision in psychodynamic psychotherapy, medical family therapy, crisis intervention and mental health administration. Supervised clinical psychology graduate students. Provided outreach and consultation throughout university community and medical center.

Predoctoral Intern 1988 – 1989
 VA Medical Center, Reno, Nevada (APA Approved)
 Duties: Participant in multi-disciplinary evaluation and treatment of acutely and chronically disturbed veterans. Provided psychotherapy, objective and projective personality assessment, and neuropsychological testing under weekly supervision. Served as consultation/liaison to internal medicine, surgery, intensive care, and geriatrics.

Additional Clinical Experience

Psychological Consultant 2006 – 2015
 Center for Hope of the Sierras, Reno, Nevada
 Duties: Lead professional development group for frontline staff of a residential treatment program for eating disorders. Provide individual and organizational consultation.

Psychological Consultant 2001 – 2005
 Washoe Medical Center, (Health Enhancement Services), Reno, Nevada
 Duties: Provided psychological services to patients with chronic illness, psychological consultation and training to medical staff.

Psychological Consultant 1997 – 2004
 Step 2 Residential Treatment Center, Reno, Nevada
 Duties: Provided psychological consultation to residential treatment program for drug-addicted mothers and their children. Co-led a weekly staff consultation group. Consulted with staff and agency director on an as-needed basis. Provided in-service training.

Psychological Consultant 1992 – 2002
 Reno Police Department, Reno, Nevada
 Duties: Performed crisis intervention following critical incidents and provided ongoing psychotherapy to police officers and their families.

Psychological Consultant 1991 – 2001
 St. Mary's Regional Medical Center, Reno, Nevada
 Duties: Provided psychological assessment, consultation, and psychotherapy to adolescent and adult inpatients in the Center for Addictions and Behavioral Health.

Psychological Consultant 1986 – 1996
 Washoe County Sheriff Department's Hostage Team, Reno, Nevada
 Duties: Provided training and psychological consultation to hostage team negotiators. Conducted training seminars, critical incident debriefing and interviewed prospective team members.

Clinical, Teaching and Research Interests

- Brief and long-term psychodynamic psychotherapy (individuals and couples)
- Psychodynamic perspectives in health psychology and behavioral medicine
- Attachment trauma and developmental psychopathology
- Treatment and research of eating disorders
- Medical family therapy
- Mediation and conflict resolution
- Organizational consultation and executive coaching
- Theoretical and applied understanding of addictive disorders

Publications

Tolle, L.W. and Graybar, S.R. (2009). Overextending the overextended: Burnout in healthcare professionals and family members. In, W. O'Donohue and L. Tolle (Eds.) Behavioral approaches to chronic disease in adolescence: An integrative care approach. New York: Springer.

W. O'Donohue and S. Graybar. (2008). The Handbook of Contemporary Psychotherapy: Toward an improved understanding of effective psychotherapy. New York: Sage Publications.

Graybar, S.R. and Leonard, L.M. (2008). Terminating psychotherapy therapeutically. In, W. O'Donohue and S. Graybar. The Handbook of Contemporary Psychotherapy: Toward an improved understanding of effective psychotherapy. New York: Sage Publications.

Graybar, S.R. and Leonard, L. (2005). In defense of listening. American Journal of Psychotherapy. Volume 59, no. 1, pp. 1-19.

Graybar, S.R. (2004). Listening and its discontents: An empirically unsupported perspective. The Nevada Psychologist. Spring, pp. 21-25.

Graybar, S.R. and Boutilier, L.R. (2002). Non-traumatic pathways to borderline personality disorder. Psychotherapy: Theory, Research, Practice and Training. Vol. 39, no.2, pp.152-162.

Graybar, S.R. and Varble, D.L. (2002). Pathological gambling as a heuristic device for war and peace. Chapter in Marotta, J.L., Eadington, W. and Cornelius, J. (Eds.) Gambling Behavior and Problem Gambling.

Graybar, S.R., Antonuccio, D.O., Boutilier & Varble, D.L. (1993). Profile of a potential quitter. V.A. Practitioner. 23, 45-48.

Antonuccio, D.O., Boutilier, L.R., Ward, C.H., Morrill, G.B. & Graybar, S.R. (1992). The behavioral treatment of cigarette smoking. In M. Herson, R.M. Eislser and P.M. Miller (Eds.) Progress in Behavior Modification (pp. 120-169). Sycamore Publishing Co.

Boutilier, L.R., Antonuccio, D.O., & Graybar, S.R. (1991). The impact of physician advice to quit smoking. V.A. Practitioner, 22, 321-327.

Graybar, S.R., Antonuccio, D.O., Boutilier, L.R., & Varble, D.L., (1989). Psychological reactance as a factor affecting patient compliance to physician advice. *Scandinavian Journal of Behaviour Therapy*. 18, 43-51.

Presentations

Graybar, S.R. (2013.), *Chronic Illness II: The "Fifteen Minute" Hour*. University of Nevada School of Medicine, Department of Psychiatry, Grand Rounds, Reno, Nevada.

Graybar, S.R. (2012), *Psychotherapy and Chronic Illness: An Integrated Perspective with Psychodynamic Sensibilities*. University of Nevada School of Medicine, Department of Psychiatry, Grand Rounds, Reno, Nevada.

Graybar, S.R. (2011.) *Exploring Non-adherence Among Compliant Patients*. University of Nevada School of Medicine Annual Diabetes Conference. Reno, Nevada.

Graybar, S.R. (2011). *Psychodynamic Contributions to Integrated Treatment: A Case Study*. Panel presentation to the Nevada Psychological Association. Reno, Nevada.

Graybar, S.R. & Eckert, K.L. (2011). *The Treacherous Trip from Diabetes to Eating Disorder*. Grand Rounds presentation Stanford University School of Medicine. Palo Alto, California.

Eckert, K.L. & Graybar, S.R. (2010). *The Quiet Crisis: Recognizing and Responding to Eating Disorders in Diabetes*. Department of Pediatric Endocrinology, Stanford University School of Medicine. Palo Alto, California.

Eckert, K.L. & Graybar, S.R. (2010). *Life on the Edge: When Diabetes Combines with Eating Disorders*. American Diabetes Association Annual Meeting. Orlando, Florida.

Eckert, K.L. & Graybar, S.R. (2010.) *Eating Disorders and Type I Diabetes: A Riddle Wrapped in a Mystery Inside an Enigma – (with apologies to Sir Winston Churchill.)* Poster presentation at the International Pediatric Association. Johannesburg, South Africa.

Eckert, K.L., & Graybar, S.R. (2010). *The Magical Diet and Deadly Game*. Workshop presentation provided at the: *Advanced Treatments for Eating Disorders*, Las Vegas, Nevada.

Graybar, S.R. & Eckert, K.L. (2009). *Creating an Empathic Foundation for Diabetic Children and their Families*. Workshop presented to the State of Nevada Families First Conference. Reno, Nevada.

Eckert, K.L. & Graybar, S.R. (2009). *Eating Disorders and Type I Diabetes in Adolescents: The Tip of a Very Large Iceberg?* Poster presentation at Lawson Wilkins Pediatric Endocrine Society. New York, New York.

Graybar, S.R. (2007). *Difficult Clients: Finding their hearts and ours in psychotherapy*. Workshop presented to the Nevada Psychological association. Reno, Nevada.

Graybar, S.R. (2006). Chronic Illness in a Culture of Cures. Workshop presented to Nevada Psychological Association. Reno, Nevada.

Graybar, S.R. (2006). Internal Family Systems Therapy with Diabetic Adolescents and Their Families. Workshop presentation at the 11th Internal Family Systems International Conference. Chicago, Illinois.

Graybar, S. R. (2005). Internal Family Systems Therapy in Medical Settings. Plenary presentation at the 10th Internal Family Systems International Conference. Chicago, Illinois.

Graybar, S. R. (2004). Managing personal and professional conflict: Using conflict as an opportunity for personal growth and organizational effectiveness. Workshop presented to the Nevada Academy of Family Physicians. Winter Meeting. Stateline, Nevada.

Graybar, S.R. (2003). Change, conflict, and organizational growth: Engaging in constructive conflict. Workshop presented to Anchorage Healthcare Consortium. Anchorage, Alaska.

Graybar, S.R. (2002.) Psychologists and psychology boards: Current trends and opposing currents. Workshop presented to the Association for the Advancement of Behavior Therapy. Reno, Nevada.

Graybar, S.R. (2002). Responding to the mental health needs of international students. Workshop presented to the California Association of Teachers of English as a Second Language. San Francisco, California.

Taber, J.I. and Graybar, S.R. (2001). Religious and diagnostic prejudices as impediments to a unitary theory of addiction. Paper presented at the International Conference on Gaming and Problem Gambling. Seattle, Washington.

Gaw, K.L., Bender, S., and Graybar, S.R. (2001). Recognizing, responding, and referring: International students and mental health II. Workshop presented to the Association of International Educators (regional meeting). Squaw Valley, California.

Choi-Pearson, C., Barton, C., Graybar, S.R., Laden, R., Whitney, R. (2000). Pushing beyond the comfort zone: Mentoring new and emerging professionals. Panel presentation to National Association of Student Personnel Administrators. Monterey, California.

Graybar, S. R. (2000). The understandable resistance to understanding. Paper presented at the 11th International Conference on gambling and risk-taking. Las Vegas, Nevada.

Graybar, S.R. (2000). Psychological consultation in law enforcement settings. Graduate course provided to the Professional School of Social and Clinical psychology. Warsaw, Poland.

Graybar, S.R. and Hinitz, D.R. (2000). Bridge building II: A second look and a fresh perspective. Workshop presented for National Social Work Month. Reno, Nevada.

Graybar, S.R. and Hinitz, D.R. (1999). Opening a dialogue between the state board and the state association. Presentation to Nevada State Psychological Association.

Graybar, S.R. (1998). Bridge building: Securing personal and professional support for ourselves. Workshop provided for National Social Work Month. Reno, Nevada.

Graybar, S.R. & Varble, D.L. (1997). Pathological gambling as a heuristic device for war and peace. Paper presented at the 10th International Conference on Gambling and Risk-taking. Montreal, Canada.

Graybar, S.R. (1996). Organizational metaphors and their impact on organizational leadership and functioning. Workshop provided to management team of Atlantis Resort and Casino, Reno, Nevada.

Graybar, S.R. & Rubenstein, G. (1996). Family history and patterns of substance abuse on campus. Workshop presented at the 7th National Meeting on Substance Abuse and Violence in Higher Education. Park City, Utah.

Graybar, S.R. (1996). Partners in health care. Panel presentation provided to the Nevada State Psychological Association. Las Vegas, Nevada.

Graybar, S.R. (1996). The role of psychotherapy in family practice. Workshop presented to the Nevada Academy of Family Physicians. Stateline, Nevada.

Graybar, S.R. (1995). Ethical and clinical considerations of brief psychotherapy. Workshop presented to Psych Perspectives Incorporated. Reno, Nevada.

Graybar, S.R. & Hinitz, D.R. (1995). The emotional impact of chronic illness: A developmental perspective. Workshop presented to the Great Basin-Sierra Nevada Chapter of the National Multiple Sclerosis Society. Reno, Nevada.

Graybar, S.R. (1995). Family dynamics and family interventions with eating disorders. Paper presented to the Nevada Academy of Family Physicians. Stateline, Nevada.

Graybar, S.R. & Hinitz, D.R. (1994). The erosion of the self: Burn out from the vantage point of self psychology. Paper presented to the Nevada Counseling Association, Incline Village, Nevada.

Graybar, S.R. & Boutilier, L.R. (1994). Adjustment to combat: A long term follow-up. Paper presented to the Western Psychological Association, Kona, Hawaii.

Graybar, S.R. (1994). Post-traumatic stress disorder and the battered wife: A dynamic understanding of a systemic problem. Paper presented to the Nevada Academy of Family Physicians. Stateline, Nevada.

Graybar, S.R. (1992). Defeating death by postponing life: The interpersonal consequences of physician stress. Workshop presented to the Nevada Academy of Family Physicians. Stateline, Nevada.

Graybar, S.R. (1991). Interpersonal process as a guide to the integrated treatment of grief and bereavement. Paper presented to the Society for the Exploration of Psychotherapy Integration, 7th Annual Conference, Regents College, London, England.

Graybar, S.R., Antonuccio, D.O., Boutilier, L.R., & Varble, D.L., (1990). The role of psychological reactance and self-efficacy in long-term post-treatment smoking status. Paper presented at the Western Psychological Association, Los Angeles, California.

Ward, C.H., Graybar, S.R., Rallof, D.R., Antonuccio, D.O, & Boutilier, L.R. (1990). Respiratory illness and resistance to smoking cessation treatment. Paper presented at the American Psychological Association, Boston, Massachusetts.

Graybar, S.R. & Boutilier, L.R. (1989). The interpersonal experience and expression of post-traumatic stress disorder. Paper presented to the Society for Traumatic Stress Studies 5th Annual Conference, San Francisco, California.

Graybar, S.R., Antonuccio, D.O., Boutilier, L.R., & Varble, D.L. (1988). Psychological reactance as a factor affecting patient compliance to physician advice. Paper presented at the World Congress of Behaviour Therapy, Edinburgh, Scotland.

Strauss, D., Sergeant, M., & Graybar, S.R., (1984). Toward the development of a residential treatment center for head injured young adults. Paper presented at the 5th annual Head Injury Conference, Braintree, Massachusetts.

Professional Affiliations

- Member, American Psychological Association
- Member, Nevada State Psychological Association

Reference Available Upon Request