



# Nevada Psychological Association

## NPA News

### The Voice of Psychology in Nevada

#### Upcoming CE Events:

- **Autism: Intersectionality, Assessment and Treatment Considerations**  
Michelle McGuire, Psy.D.  
October 18th, 2024  
Virtual · 6 CE Credits
- **Navigating Challenging Conversations: Ethics & Risk Management**  
Daniel Taube, J.D., Ph.D.  
November 15th, 2024  
Virtual · 6 Ethics CE Credits
- **Children with Problematic Sexual Behavior**  
Erin Taylor, Ph.D.  
January 24th, 2025  
Virtual · 1.5 CE Credits
- **PSYPACT**  
Marlene Maheu, Ph.D.  
March 28th, 2025  
Virtual · 3 CE Credits
- **NPA's Annual Conference**  
Shiri Sadeh-Sharvit, Ph.D.  
Bradley Donohue, Ph.D.  
April 25th, 2025  
Las Vegas · 6 CE Credits
- **Treating Disruptive Behaviors**  
Michelle Grimes, Ph.D.  
October 16th, 2025  
Virtual · 3 CE Credits

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#### 2024 Fall Newsletter

### IN THIS ISSUE....

#### THE APA APPORTIONMENT BALLOT - What it is and why you shouldn't just throw it away!

**What is it?** The Apportionment Ballot is used to determine the makeup of the **APA Council**. All APA members have ten votes that they can allocate to different divisions within APA. The ballots will arrive in early November.

**What is the APA Council?** It is the APA's chief governing body and it is the final decision making body. The APA Council votes on multiple issues that affect the practice of psychology everywhere, including here in Nevada. The APA Council votes on key issues such as budgets for state associations (like NPA), policy documents and guidelines that impact professional practice.

**What should I do?** First of all, don't throw away the ballot. In the event that you are not sure how to allocate your votes, please keep in mind that [NPA Needs Your Votes](#) and that you can allocate all ten votes to your state organization! We want to keep a strong voice on the council so that NPA and Nevada psychologists are appropriately represented. *(for more details, see Page 7)*

Also, take a look inside to receive the latest information on topics relevant to Nevada psychologists.

- **Update from our 2024/2025 NPA President, Dr. Christopher Shewbarran**
- **Update from our Legislative Committee**
- **Update from our APA Council Representative**
- **2024/2025 Continuing Education Calendar**
- **Introduction of our NEW Ethics Committee**
- **2024 Heiser Award Winner—Dr. Sara Hunt**
- **Introduction of our NEW Graduate Student Committee**
- **Are your 2024/2025 NPA membership dues current?**



Check the lists on Pages 18-19. If your name is not on the list, you still need to renew your NPA dues for 2024/2025. Renewing is easier than ever, just click QR code: Log in and navigate to My Profile, then click "Invoices" to renew online!



## ~ ~ ~ NPA Presidential Update—Christopher Shewbarran, Psy.D. ~ ~ ~



Hello, Nevada Psychological Association.

I hope this message finds you all well in the final months of 2024. What a busy year it has been across the board for the Nevada Psychological Association (NPA) so far! Busy is good!

When I began serving as your President in May of 2024, I hoped by the end of my term to create and influence change, growth, and evolution of our organization in a positive way. So far, we have done this together. Some examples of this include establishing committees and connections to support our organization, growing and expanding our membership base, and learning about how NPA may be more supportive of our members at all levels. We also successfully proposed, voted on, and approved extending the terms of the President-Elect and President from one year to two years, to allow these positions more time to establish objectives and goals, and progress them.

While we will continue to progress on goals that strengthen the field of psychology and our organizational vitality, such as strengthening engagement and involvement of our membership base, learning how we can support our members and communities more, and continuing advocacy efforts to support you in the fields, areas, and communities you serve in, I hope to continue hearing from our members about your individual needs and how NPA may be able to support you and the communities you serve.

I also hope to continue improving in my role as President and serving you. It has most definitely been a challenging, exciting, and rewarding learning curve for me, thus far.

As we continue moving forward, I know that your continued support and efforts will be invaluable contributions to influencing positive change for our great organization. If you would like to learn about ways you can be more involved, engaged, or supportive of NPA, I invite and encourage you to reach out to me, our board members, our leadership, and our committees.

Our committees are always looking for members at any level to join and partake in activities and goals they are pursuing, so I hope you consider joining any of them if you are interested. I know not everyone may know of our committees, but I would like to take a moment to acknowledge them and our committee chairs to thank them for their time, efforts, and serving NPA.

Our Committees include:

- Legislative Committee**, co-chaired by Michelle McGuire, Psy.D. and Laura Drucker, Psy.D.
- Continuing Education Committee**, chaired by Claudia Mejia, Psy.D.
- Diversity, Inclusion, and Equity Committee**, co-chaired by Lea Caver, Ph.D. and Akiko Hinds, Ph.D.
- Early Career Psychologists Committee**, co-chaired by Rachael Pinkerman, Ph.D. and Persephone Crittenden, Psy.D.
- Graduate Student Committee**, co-chaired by Natalia Duda and Rakshitha Mohankum
- Budget Committee**, chaired by Marquez Wilson, Psy.D.
- Ethics Committee**, chaired by Sonia Dhaliwal, Psy.D.
- Membership Committee**, chaired by me, Christopher Shewbarran, Psy.D.

I'd also like to thank our Executive Director, Wendi O'Connor, for her invaluable work and efforts.

As some of you know, it takes a team and village effort to be successful, and the same can be said for NPA. **It takes all of us.**

In closing, once again I would like to acknowledge that with your support, we continue to strengthen NPA, and I'm proud to say that we have never been stronger as an organization. For your support and efforts, I am grateful and would like to say thank you.

As we enter the final busy months of 2024 and with 2025 on the horizon, I continue to look forward for what's to come for our great organization, and I wish you all very well and safe fall, winter, and new year.

~ Christopher Shewbarran, PsyD, 2024/2026 NPA President

## NPA Legislative Committee Update

As most of you know, 2024 is “Interim Session” time in Nevada. Much of the policy work in preparation for the 2025 Legislative Session is being done at all levels of government and bill draft requests (BDR’s) are being filed. The election is less than a month away – go to [www.nvpsychology.com](http://www.nvpsychology.com) to sign up for pre- and post- election updates from our government affairs team TriStrategies.

NPA’s Legislative Committee has been meeting regularly to prepare for our push to improve enforcement of mental health parity in Nevada, select candidates who are “Mental Health Champions in Nevada” for PAC donations and endorsements, and build coalitions with other groups similarly committed to improving access to mental health care.

According to Mental Health America NV has moved from 51<sup>st</sup> in the nation to 47<sup>th</sup> in terms of access to care....we still have a long way to go and your support makes a difference!

### PAC Update

Raised over \$8000 – THANK YOU TO ALL WHO DONATED your contributions truly make a difference.

Recipients include candidates to the Assembly and the Senate, Democrat and Republican, who completed the candidate scorecards that were sent out this summer. We questioned prospective recipients about their commitment to mental health, willingness to work with experts, awareness of the needs in the state and familiarity with mental health parity laws.

### MH Parity Updates

In September the Biden Admin signed the “final rule” to MH parity enforcement provisions added to MHPAEA in 2021; closing loopholes and putting some teeth into enforcement efforts...like requirements that insurance companies FIX their inequitable practices and FINES if they do not.

Washoe Regional Behavioral Health Policy Board picked up MH Parity as their BDR thanks in part to NPA’s presentation on this topic. Kudos to board member and former Assemblywoman Sarah Peters for continuing her efforts to address MH parity even though she is no longer in office!

NPA submitted a grant request to APA to fund lobbying efforts in 2025 including our effort to revive SB 150 from the 2023 Session – we are hoping to grant provisional licensure for psych trainees and interns so their services can be insurance-reimbursable. We will continue working with WRBHPB to incorporate regulatory changes we have suggested into their study of mental health parity violations.

### Fresh off Advocacy Training with APA, here is our “Pitch”

**What?** NPA has long committed to advocating for psychology and mental health in Nevada and we are taking up mental health parity enforcement in 2025.

**Why?** Mental health parity has been 16 years in the making. Those of us in practice for longer than that have seen the changes it brought (equal copays for mental health and primary care services, reduced need for prior authorization to start and continue treatment) and the changes that have happened as these advances have been whittled away (higher deductibles and copays, denials for services, utilization reviews demanding monies back). Not to mention the changes that needed to happen and didn’t (eliminating ghost panels, equalizing reimbursement for psychologists and their services, equal access to behavioral health treatment as to med/surg services).

We’ve heard the problem described similarly from legislators who’ve worked hard to pass MH parity regulations – to those in oversight positions – to providers and consumers: “*We can regulate parity but where is the enforcement?*” The Biden Administration is trying to address the holes in parity regulations and enforcement as is the State of Nevada. It’s another step in this journey... one that is ultimately supposed to make it easier when we providers return a call to a person asking for help...

”Yes I can help you because my services fit your needs.” instead of...

“No, I’m sorry I’m not a provider on your panel” or maybe even worse - “I can see you but your out-of-pocket costs are going to be several thousand dollars because of the high deductible on your plan” - eliminating most middle and lower income people from accessing care even with insurance coverage.

**Ask:** We ask that you get involved. There are so many ways to do that...go to the NPA website for membership information; join a committee (the Legislative Committee needs your voice); take two minutes to respond to an email asking you to sign on to supporting mental health legislation; report parity violations to the Division of Insurance; email your representative and tell them you are a provider - mental health is a critical issue in the state and you hope they will support mental health parity [legislation!](#)

Respectfully,

Laurie Drucker, Psy.D. and Michelle McGuire, Psy.D.  
2024/2025 NPA Legislative Committee Co-Chairs



## Introduction of our NEW Ethics Committee

Hello NPA Community!

We are excited to announce and introduce the NPA Ethics Committee (EC). We would like to take this opportunity to introduce ourselves and explain our process for providing ethics consultations.

The primary function of the EC is to guide, educate, and consult concerns regarding professional ethics. The services of the EC are offered to both NPA members and non-members. We are in the process of recruiting 4 licensed psychologists to be part of our committee, each serving a 2-year term. The committee is scheduled to meet once a month for an hour, sometimes longer depending on the cases we have to work through. The EC is seeking representation for three areas of psychology, which are reflective of current themes within the broad domain of Ethics: *Forensics, Clinical Practice and Business of Providing Services*. If you are an active NPA member interested in serving on this committee, please visit the link below for more information on how to submit your materials:

<https://www.nvpsychology.org/ethics-committee>

### How to reach out to the EC Committee:

The first step starts when you visit the website at <https://www.nvpsychology.org/ethics-committee>. You will click on “click here to access our consultation request form.” Once you submit your request, a member from the ethics committee will reach out to you within one week to set up a consultation call. To prepare for your ethics consultation call, it is important that you review the [APA Ethics Code](#) and identify any sections that you believe are relevant to your ethical dilemma; the EC member assigned to your call will do the same. While not required, it is sometimes helpful to do a brief literature review about your specific dilemma.

Often, legal issues may be present in cases discussed. To address the legal aspect of specific cases, we are actively working to partner with attorneys in Las Vegas and Reno, who can provide a free consultation to NPA members.

In addition to the above, we will have eblasts that go out every couple of months with various ethical tips and advice for practitioners.


We look forward to serving our NPA members and non-members!

Sonia Dhaliwal, Psy.D.

2024-2025 Ethics Committee Chair







# *Professional Liability Insurance*

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## APA Council Representative Update—Lauren Chapple-Love, Ph.D.

Dear Colleagues,

I'm excited to share important updates from the **APA Council of Representatives meeting** held during the 2024 APA Convention in Seattle. The Council approved five new sets of guidelines that will impact the work we do in psychological practice, research, and advocacy.

### 1. **Clinical Practice Guideline for Psychological and Other Nonpharmacological Treatment of Chronic Musculoskeletal Pain in Adults**

Chronic musculoskeletal pain is a significant issue that impacts quality of life for many patients. These new guidelines outline evidence-based psychological and nonpharmacological interventions that can be integrated into treatment plans, offering us alternative approaches to pain management beyond medication.

<https://www.apa.org/practice/guidelines/nonpharmacological-treatment-chronic-musculoskeletal-pain.pdf>

### 2. **Guidelines for Working with Adults with Complex Trauma Histories**

The complexities of trauma, especially in cases where individuals have experienced prolonged or repeated trauma, present unique challenges in therapy. These new guidelines offer essential recommendations for working with adults who have complex trauma histories, focusing on tailored interventions, trauma-informed care, and improving therapeutic outcomes.

<https://www.apa.org/practice/guidelines/adults-complex-trauma-histories.pdf>

### 3. **Guidelines on Key Considerations for Working with Adults with PTSD and Traumatic Stress Disorders**

This set of guidelines focuses on the specific needs of adults living with PTSD and other traumatic stress disorders. It provides key considerations for assessing, treating, and supporting individuals through evidence-based interventions, with an emphasis on both short- and long-term therapeutic strategies.

<https://www.apa.org/practice/guidelines/adults-complex-trauma-histories.pdf>

### 4. **Guidelines for the Practice of Telepsychology**

As telepsychology continues to grow in importance, this update provides clear, updated guidelines on how to ethically and effectively deliver care remotely. Whether you've been working via telehealth for years or are newer to this practice, these guidelines cover essential aspects such as informed consent, privacy, and security concerns. <https://www.apa.org/practice/guidelines/telepsychology-revision.pdf>

### 5. **Guidelines for Psychological Evaluations in Child Protection Matters**

Psychological evaluations in child protection cases require careful, nuanced approaches. These guidelines offer updated practices for conducting evaluations in a manner that prioritizes the best interests of the child, while ensuring fairness, accuracy, and ethical consideration in these sensitive matters.

<https://www.apa.org/practice/guidelines/psychological-evaluations-child-protection-matters.pdf>

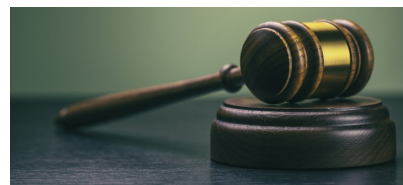
### **Staying Informed and Engaged**

As these guidelines are rolled out, it's crucial that we familiarize ourselves with the new recommendations and integrate them into our practice where applicable. The APA will likely be releasing further resources and training opportunities to help us incorporate these guidelines into our daily work.

I encourage everyone to review the full text of these guidelines as they become available and consider how they can benefit your practice. If you have any questions or would like to discuss how these guidelines might affect your specific work, please feel free to reach out.

Best regards,

Lauren Chapple-Love, Ph.D.  
APA Council Rep 2024-2026



## APA Apportionment Ballot

**ATTENTION APA MEMBERS.....Your APA Apportionment Ballot** will be sent out electronically on **November 1st**. Don't Throw Away Your Voice at the National Level!!!

**THE APA APPORTIONMENT BALLOT—DOES IT MATTER?  
YES IT DOES !!!!**



### WHY???

The Council of Representatives is APA's chief governing body and is charged with legislative and oversight responsibilities for the entire Association. Council's function is to develop and implement policies and programs..."to advance psychology as a science and profession and as a means of promoting health, education and human welfare."

While policy development begins with APA's boards and committees, and the Board of Directors, the final decision-making body is the Council. The Council votes on MANY items that impact state associations and the professional practice of psychology. In 2013, SPTAs composed 53% of the organized entities that make up Council, but had only 40% of the representatives and votes. The good news is that SPTAs have gained 5 seats since 2007, but you need to vote to help NPA gain more seats.

The apportionment ballot election is conducted annually to determine the composition of APA's Council of Representatives. This year's election will begin November 1st and will close December 16th.

### NPA Needs Your Votes!

The number of votes obtained in the Apportionment Ballot process determines which SPTAs and Divisions get the additional seats past the one per entry. APA Members are given 10 votes to use as they wish—you can allocate all of your ten votes to your state (or split them up amount your SPTA and Divisions) to ensure that NPA, and all state associations, continues to have a voice on the APA Council. Because Divisions can draw from large pools across the country, many end up with multiple representatives on Council, whereas states typically can only muster enough votes for one seat.



## Behavioral Health Bill Draft Review (BDR) Updates

### Regional Behavioral Health Policy Boards

- Washoe: Requires a study to determine where payors are falling short in complying with mental health parity mandates
- Northern: Expands peer recovery support services workforce
- Southern: Reimbursement for providers of non-emergency behavioral health transport services
- Rural: Enters the NV SW Board into the Social Work Compact
- Clark: Streamline federal grant processing to prevent discontinuity in services

### From Interim HHS

- Behavioral health licensing board consolidation (one of several bills on this issue)
- Priority licensing review status for applicants who will practice with underserved populations
- Creating an office of Children's Mental and Behavioral Health

### From the PPC

- Creating a Medicaid Healthcare Workforce fund to sponsor GME programs, loans, and apprenticeship programs
- Supporting Licensure Compacts (Nursing which almost passed in the 2023 Session)

## 2024 Heiser Award—Dr. Sara Hunt

### Winner of the 2024 Heiser Award

The 2024 Heiser Award was presented to Dr. Sara Hunt by APA President, Cynthia de las Fuentes, at the 2024 APA Convention.

Dr. Sara Hunt demonstrated outstanding work in passing AB37 in the 2023 Nevada Legislative Session, authorizing the establishment of a behavioral workforce development center in Nevada. The name of the new center is "BeHERENV (Be-Here-NV) which stands for the Behavioral Health, Education, Retention, and Expansion Network of Nevada".

According to Mental Health America, Nevada ranks 51<sup>st</sup> in the nation for access to behavioral health services for both adults and children. The aim of this bill is to build out a robust pipeline for behavioral health providers in Nevada to help increase access to behavioral health care in the state. Additionally, it will incorporate and build upon existing successful programs already established, and introduce new programs and connections across the educational system and professional licensing through recruitment, education and retention.

Dr. Hunt saw the need to "grow our own" behavioral health professionals and to retain them in Nevada. She began working with our Rural Regional Behavioral Health Policy Board in 2016 to develop language for the bill, as well as to identify key stakeholders in the state to work alongside to bring this idea to fruition.

In addition to the aforementioned goals of the center, part of the retention efforts of the center aim to help independent practitioners and group practices have a centralized location for information on licensing requirements, business requirements in the state, and resources for getting a practice started in Nevada. Collectively, these efforts will contribute to behavioral health practitioners being able to practice ethically, safely, and confidently in our Nevada.

Dr. Hunt is passionate about mental health advocacy in Nevada. She tirelessly supports other legislative and advocacy efforts and is highly involved in tracking and supporting legislative efforts that are aimed at improving the behavioral health landscape in Nevada. Her efforts also inspire other psychologists to advocate for behavioral healthcare in Nevada.



*Congratulations*



## Federal Advocacy Coordinator (FAC) Update—Lauren Chapple-Love, Ph.D.

Dear Colleagues,

As we move into the final months of 2024, I wanted to update you on several key advocacy priorities that the APA's Advocacy Coordinating Committee (ACC) has identified for the year. These initiatives reflect our collective commitment to improving mental health access and care, and it's crucial that we, as psychologists, stay informed and engaged. Here's a quick rundown of the legislative priorities:

### 1. **Telemental Health Care Access Act (H.R. 3432/S. 3651)**

Telehealth has revolutionized the way we deliver care, but there's more work to be done to ensure continued access. This bill seeks to make the flexibility of telehealth permanent for Medicare beneficiaries. If passed, it would allow individuals to receive telemental health services without the current restrictions tied to location. This is especially important for our rural and underserved populations here in Nevada.

### 2. **Increasing Mental Health Options (IMHO) Act (H.R. 8458/S. 669)**

Access to mental health services remains a critical issue across the country. The IMHO Act is designed to expand the availability of mental health services by increasing insurance coverage for evidence-based interventions. This bill seeks to remove barriers that patients face when trying to access timely care, which is something we know is crucial in addressing the mental health needs of our state.

### 3. **COMPLETE Care Act (H.R. 5819/S. 1378)**

The COMPLETE Care Act focuses on integrating mental health services with primary care, fostering a more comprehensive approach to patient wellness. This legislation emphasizes collaboration between mental health providers and primary care doctors to ensure that patients receive holistic care. For those of us working to coordinate care, particularly for veterans and individuals with complex needs, this act could make a significant difference in improving outcomes.

### **What You Can Do**

Our voices as psychologists are essential in pushing these priorities forward. I encourage each of you to reach out to your representatives, share your professional insights, and advocate for the passing of these important bills. The more engaged we are, the more we can ensure that mental health continues to be at the forefront of healthcare policy.

Thank you for your ongoing commitment to advancing mental health care for Nevadans. Please feel free to reach out if you have questions or want to get more involved in our advocacy efforts!

Warmly,  
Lauren Chapple-Love, Ph.D.



## Want to get more Involved with NPA? Join one of our Committees!

**Legislative:** Advocates for psychology and psychologists by participating in the development of legislation and policies relating to mental and behavioral health services in Nevada. The Legislative Committee advises the Board of Directors of suggested legislative actions, and carries out such actions as approved by the board with the assistance of the NPA lobbyist. This may include proposing legislation to be introduced to the Nevada State Legislature, meeting with legislators, arranging for educational meetings about legislative matters for members and legislators, building relationships with others interested in mental health issues which are of common interest with psychologists, developing relationships with state agencies to further mental health services and facilitate the status and role of psychologists within the state. NPA's advocacy efforts are supported by your membership in NPA. NPA's advocacy benefits all psychologists, NOT just its members.

**Continuing Education (CE):** Responsible for the planning and execution of 4-6 high quality, relevant continuing education trainings for licensed psychologists, mental health professionals and graduate students each year, including the Annual Conference each Spring. CE topics are chosen collaboratively based on the changing climate of our profession and member feedback. Our CE Committee meets monthly (virtually).

**Diversity, Equity and Inclusion (DEI):** The Diversity, Equity and Inclusion Committee is dedicated to promoting diversity statewide in Nevada. This includes welcoming psychologists from diverse backgrounds as well as promoting culturally sensitive services and practices to the community. NPA has developed a Diversity Mission statement, which includes scientific and evidence-based information about working with diverse populations in our CE trainings. We strongly support full equity and inclusion of individuals of different genders, ethnicities, ages, backgrounds, sexual orientations, abilities, national origin, immigration status, and so on, within our organization and throughout our communities across the world.

**Early Career Psychologists (ECPs):** We are proud to have ECP's strongly represented on our regional and state boards, and send an ECP to the annual APA Practice & State Leadership Conference in Washington, D.C. NPA is committed to supporting the needs of early career psychologists by offering discounts on membership, opportunities to participate in monthly support group meetings, and extends a special welcome to newly licensed psychologists every fall at annual social events, held in both Las Vegas and Reno. We are active in recruiting ECP's to participate in committees and leadership positions in the state, and offer mentorship opportunities to interested psychologists.

**NEW Ethics Committee:** The fundamental objectives of the NPA Ethics Committee shall be to promote ethical conduct by members at the highest professional level, to educate members concerning ethical standards; to thereby contribute to the protection of the public against harmful conduct by all members (hereafter referred to as members); and to aid the Association in achieving its objectives as reflected in its Bylaws.

**NEW Graduate Student Committee:** The Graduate Student Committee, made up of graduate students and postdoctoral fellows from Nevada who are members of the Nevada Psychological Association (NPA), serves as a vital platform for collaboration and advocacy. This committee offers an opportunity for psychology graduates across the state to unite, discuss, and address issues pertinent to their field. The primary goal of the committee is to enable graduate students to connect and advocate for the interests and needs of their peers within the psychological community. Additionally, the committee fosters networking among students from both universities of Nevada, helping them build a supportive community and professional relationships. This involvement not only empowers future graduates to impact the field of psychology but also prepares them for their professional journeys.

**Membership Committee:** The Membership Committee is responsible for overseeing the recruitment, retention and engagement of its members. It works to ensure that the organization attracts a diverse and active membership base that aligns with the organization's mission and values.

**Want more Information on how to get Involved?**

Contact our Executive Director at [admin@nvpsychology.org](mailto:admin@nvpsychology.org) or (888) 654-0050

## 2024 –2025 NPA Continuing Education (CE) Calendar



To view our entire CE Calendar, [click here](#)  
**Autism: Intersectionality, Assessment and Treatment**

**Michelle McGuire, Psy.D.**

October 18th, 2024 ~ live, virtual Zoom webinar ~ 6 CE Credits

**“Last Chance Ethics”**

**Sequence XII: Navigating Challenging Conversations: Ethics & Risk Management**

**Daniel O. Taube, J.D., Ph.D.**

November 15th, 2024 ~ live, virtual Zoom webinar ~ 6 Ethics CE Credits

**Coming in 2025:**

**Children with Problematic Sexual Behavior: Who Are They and How Can We Help?**

**Erin Taylor, Ph.D.**

January 24th, 2025 ~ live, virtual Zoom webinar ~ 1.5 CE Credits

**PSYPACT**

**Marlene Maheu, Ph.D.**

March 28th, 2025 ~ live, virtual Zoom webinar ~ 3 CE Credits

**NPA’s 37th Annual Conference**

**Navigating the Digital Frontier: Exploring Technology and AI Integration**

**Shiri Sadeh-Sharvit, Ph.D.**

**A Science Supported Performance Optimization Approach to Mental Health**

**Bradley Donuhue, Ph.D.**

April 25th, 2025 ~ Las Vegas, NV ~ 6 CE Credits

**Treating Disruptive Behavior**

**Michelle Grimes, Ph.D.**

October 16th, 2025 ~ live, virtual Zoom webinar ~ 3 CE Credits

**NEED CE CREDITS FOR YOUR LICENSURE RENEWAL?**

To visit our Homestudy Library, [click here](#)



## Southern Region Board Update

It has been another fulfilling and productive year with the Southern Regional board. This year our team consists of Dr. Irma Corral, Dr. Angela Lewis, and our wonderful student representative, Ms. Jennifer Le from the Clinical Psychology program at UNLV. Ms. Jennifer Le continues to actively post on our social media platforms to keep community engagement high.

Ultimately, as a board, we highlighted the following goals for the 2024-2025 academic year: *student advocacy and mentorship* and *creating/hosting a variety brown bag topics for professional students and early career professionals*.

In terms of student advocacy, we needed to understand student needs before moving forward with programming initiatives. A survey was conducted in late August that revealed the following student needs: *professional connection, skills required to build a private practice, community outreach, and involvement in advocacy and legislation*. To begin addressing some of the needs, we planned a fall social on October 4<sup>th</sup> that consisted of 4 licensed psychologists discussing their professional paths, addressing professional challenges, and career highlights. There was a great deal of participation from students present at the social.

We would like to host brown bag events focused on different professional topics throughout the academic year. Some of the topics include but are not limited to: *women in professional spaces, leadership and service, work/life balance and the non-tenure track position*. Professional planning for these topics is underway and a calendar of events will be released soon.

Our LinkedIn page, “Professional Women Empowering Women” continues to accrue more members across the field of psychology. Since the development of this page, the Southern Board has helped recruit several women who have been highlighted for their professional accomplishments. On average, each post highlighting a professional woman receives between 800-1200 impressions. We hope to continue the growth of this page as our goal is to create a space where women connect professionally, and receive mentorship and support to grow as confident professionals in this field. Ultimately, we would love to someday host NPA’s first mini women’s leadership conference.

In summary, I can honestly say that this role continues to be incredibly rewarding and impactful. I feel so grateful to work with strong and inspiring women who are open to creativity and have a great sense of humor! #womeninhigher #womeninleadership #womenempoweringwomen  
Here are some photos from our Fall Social 2024. Enjoy!

Sonia Dhaliwal, Psy.D.  
2024/2025 Southern Region Board President



Ms. Jennifer Lee (left) continues to actively post on our social media platforms to keep community engagement high.



Graduate Students from the Clinical Psychology program at UNLV



Panel of 4 psychologists (front)





## Update from our Diversity, Equity & Inclusion (DEI) Committee

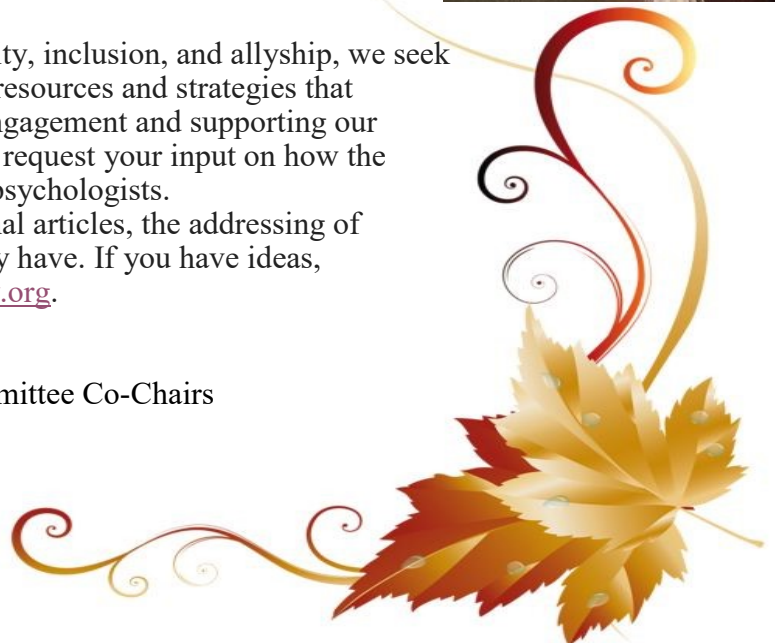


NPA's DEI Committee kicked off the fall season with fun and excitement as we celebrated with the Las Vegas LGBTQIA+ community and the annual Pride Parade this October. The DEI committee would like to thank all the individuals who helped to decorate the float. Our float was decorated with NPA banners and Pride accessories. About 15-20 people came to ride and celebrate with us. We handed out all 3,000 pieces of candy. We were afforded a valuable opportunity to engage with attendees of the Pride event, which served to advance the causes of equality, inclusion, belonging, allyship, and, of course, visibility for the NPA.

As we persist in our efforts to promote diversity, equity, inclusion, and allyship, we seek to engage with members of the NPA to ascertain the resources and strategies that would be most beneficial in enhancing community engagement and supporting our colleagues within the field of psychology. We kindly request your input on how the DEI committee can provide assistance to our fellow psychologists.

We welcome suggestions such as the sharing of journal articles, the addressing of diversity-related queries, and any other ideas you may have. If you have ideas, please do not hesitate to email [admin@nvpsychology.org](mailto:admin@nvpsychology.org).

Lea Caver, Ph.D. and Akiko Hinds, Ph.D.  
2024/2025 Diversity, Equity & Inclusion (DEI) Committee Co-Chairs





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## Graduate Student Committee Update

The inaugural online meeting of the Graduate Student Committee was successfully held on Wednesday, October 2nd. A total of ten graduate students participated, including both committee chairs, creating an engaging atmosphere.

Throughout an hour-long meeting, attendees had the opportunity to get to know each other and were provided with insights into the benefits of joining the National Psychology Association (NPA) and the objectives of the Graduate Student Committee. As a whole, participants expressed an interest in leveraging their NPA membership to gain career mentorship and enhance their networking opportunities within their community. Further, few students would like to deepen their understanding of ethical and legal issues pertinent to psychological practice and engage in advocacy/legislative actions.

The next Graduate Student Committee meeting will take place in November and it will also be open to all graduate clinical psychology students from both universities.

For more information about the Committee: <https://www.nvpsychology.org/students>

Natalia Duda and Rakshitha Mohankumar  
2024/2025 Student Advocacy Coordinators (SAC)

**THANK YOU** to everyone that donated to the **NPA-PAC** in 2024!

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### Mental Health Champion

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Dr. Regina Marshall	
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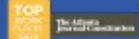
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Licensed Psychologist

5421 Kietzke Lane, Suite 200 Reno, NV 89511

775.337.0299 Phone 651.628.0220 Secure Electronic Fax [john@clearlife.com](mailto:john@clearlife.com) Email

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Student scholarship applications are available!!!

- Active NPA student members may apply for a scholarship to attend one of our 2024 CE workshops for no charge.
- Graduate students that are not current members of NPA can apply for a free student membership, valid until May 31, 2024.

Visit our website at [www.NVPsychology.org](http://www.NVPsychology.org),  
click on Members tab and then Graduate Students  
Page to access the scholarship request form!

## Current List of 2024/2025 NPA Members

**NPA Misses You! Is your name on this list? IF NOT, You Still Need to Renew your Dues!**

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Akana, Lily	Conrelius, Rachel	Fritz, Yvonne	Hunt, Sara	Marsh, Dustin
Alaei, Kambiz	Corral, Irma	Fyfe, Christopher	Ignatenko, Valerie	Marshall, Regina
Alandy-dy, Zyra	Crabb, Tanya	Gallagher, Alyssa	Iribarne, Josette	Mather, Deborah
Allen, Luke	Crabb, Yangcha	Gallas, Jeremy	Jacobs, Negar	McGuire, Michelle
Anderson, Wade	Crawford, John	Garcia, Juan	Jankovich, Rebecca	McKay, Kenneth
Antonuccio, David	Crawford, Melanie	Garcia Betancourt, Paola	Jensen, Jessica	McKenzie, Katherine
Araza, John	Crittenden, Persephone	Garza, Marlene	Jensen, Laura	McLaughlin, Stephanie
Arian, Gretchen	Crum, JP	Gentry, Ruth	Jones-Forrester, Sharon	McNamara, Michael
Ayarbe, Susan	Cusack, Kaleb	Gilbert-Eliot, Trudy	Kampfer, Karen	McNaul, Nancy
Baily, Abigail	Cylke, Lucas	Giron, Gregory	Katz, Hilary	Mehrafarin, Mo
Baldo, Richard	D'Errico, Aimee	Gravley, Michelle	Kinsora, Thomas	Mejia, Claudia
Barrera, Patricia	Davis-Coelho, Kristen	Graybar, Steven	Klee, Steven	Mercier, Diane
Beasley, Julie	Deeds, Osvelia	Green, Jacqueline	Kleinedler, Jacquelyn	Merk, Rachele
Belmont, Teri	Devore, Tiger	Griffin, Melanie	Kohlenberg, Barbara	Miller, Alexis
Birholtz, Laura	Dhaliwal, Sonia	Griffin, Kaelyn	Kompaniez, Elysse	Miller, Kimberly
Black, Amelia	Do, Thuy-Phuong	Gruen, Johanna	Kotkov, Leigh	Mills, Jessica
Borsh, Tara	Donaldson, Robyn	Guevara-Fayad, Magdalena	Kraus, Shane	Modirpour, Valerie
Bradley, Shera	Doncaster, Maria	Gunnarson, Daniel	Krogh, John	Moering, Robert
Brody, Lilla	Drucker, Laura	Gutride, Martin	Kubicki, Sandra	Mohankum, Rakshitha
Brook, Amara	Duda, Natalia	Haight, Courtney	Kuhl, Alexander	Moore, Sara
Brouwers, Vincent	Earnest, Leanne	Haley, Kathleen	Kwon, Paul	Mora, Ariana
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Butt, Maayra	Etcoff, Lewis	Harder, Gregory	Landis, Shauna	Mraz, Amanda
Cahill, Janet	Fahey, David	Hardie, Lindsay	Leany, Brian	Mullin, Bree
Carlson, Rita	Fahrner, Kathleen	Harris, Shanel	Leark, Robert	Napier-Ionascu, Nicole
Casas, Jena	Fechner, Ryan	Harris, Merlelynn	Lee-Farrimond, Jamie	Nesto, Kellie
Cavenagh, Nicole	Feil, Leslie	Hemenway, Leanne	Lenkeit, Gary	Nielsen, Earl
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Chille, Taylor	Field, Clint	Hixon-Brenenstall, Sheri	Lipson, Glenn	Oren, Yelena
Clark, Althea	Forsyth, Karyn	Holland, Stephanie	Lopez Jimenez, Irma	Osten-Garner, Kevin
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Pauldine, Michael	Saltman, Christina	Soper, Jordan	Wilson, Marquez
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Pistorello, Jacqueline	Schlinger, Bethany	Strada, Marilyn	Wright, Ruth Ann
Pittenger, Susan	Schnurstein, Jasmine	Summers, Holly	Wyma, John
Pitts, Traci	Schroeder, David	Tearnan, Blake	Yanez, Alejandro
Poston, A. Michelle	Schwan, Mariah	Thomas, Candice	Young, Sheila
Powell, Chelsea	Shagaga, Karima	Thompson, Heather	Yousif, Julia
Quilitch, Bob	Shannon, Ampara	Thompson, Loreli	Yu, Georgia
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Rafferty, Sharon	Shermack-Warner, Cecilia	Ulofoshio, Joyce	Zayas, Marie
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Renner, Peggy	Singsank, Katie	Villano, Marijo	Zochowski-Tullio, Michelle
Ribnick, Deborah	Slife, Emily	Wechsler Zimring, Adrianna	
Ricciardi, Lindsey	Smith, Brooke	Wecker, Lauren	
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Roberts, Dominic	Smith, Melissa	Werlinger, Allison	

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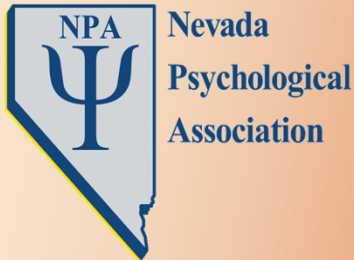
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